

PARANORMAL UNDERGROUND®

Volume 14, Issue 12

December 2021

PHANTOM DETECTIVES A SUPERNATURAL JOURNEY



An Encounter
With
KRAMPUS?

DO GHOSTS KNOW
THEY'RE DEAD?

Finding the
Cryptoterrestrials

El Gato Volador
of Joshua Tree

6 Intentions to Set
for 2022

ALSO INSIDE:

THE CROXDAL COMMUNITY CENTRE INVESTIGATION

SHAMAN WINDWALKER: THE CHRISTMAS ORNAMENT

HUMANIZING MONSTERS: THE GROUNDBREAKING LEGACY OF ANNE RICE

HOW DOES OUR NATURAL ENVIRONMENT CONTRIBUTE TO PARANORMAL ACTIVITY?



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Phantom Detectives LLC
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Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.
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WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.



ELAINE KELLY

Elaine founded Spectre Detectors in 2010. Currently, the group is mainly made up of psychic mediums. Its aim, along with catching evidence of spirit, is to teach people that investigating isn't frightening if done respectfully and with honest intention. Most of the team's evidence can be seen on YouTube.
facebook.com/spectredetectors



CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

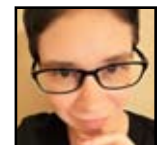
Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.
paranormalunderground.net



MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



RYAN MUSGRAVE-EVANS

Ryan resides in Victoria, Australia. He has a Diploma of Education Primary/Elementary Teaching and a bachelor's degree in philosophy. He is the author of speculative fiction novels *Dead Stars* and



Dark Womb of the Grave. He is a fluent speaker of Irish and Scottish Gaelic and has an “insatiable pre-occupation” with comparative linguistics, philosophy, folklore, religious studies, and all research into the paranormal.

His book, *Children of Orion – Finding the Cryptoterrestrials*, was published in August 2021 by Flying Disk Press.

amazon.com/Children-Orion-Cryptoterrestrials-Ryan-Musgrave-Evans

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Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena’s metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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NICOLE STRICKLAND

Nicole is the founder and director of the San Diego Paranormal Research Society and serves as the team’s EVP specialist and historical locations

case manager. She has been actively investigating historical landmarks and private residences for paranormal activity since the early 2000s after a profound experience with the spirit of her beloved grandmother.

Nicole is also a member of the Ghost Research Society and was appointed to the GRS Southern California Area Research Director position in 2009. She also serves as a California Representative for the American Spectral Society and is the author of *Field Guide to Southern California Hauntings* and *The Haunted Queen of the Seas*.

sandiegoparanormalresearch.com



CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey’s Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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Have You Had a Paranormal Encounter You’d Like to Share?

If you’ve had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.



We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, and any strange and unusual encounters that defy explanation.

Your submission can be anonymous!

PARANORMAL UNDERGROUND®

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2022: A NEW YEAR OF HOPE & DISCOVERY

As 2021 comes to a close and we look forward to 2022, I have high hopes for the coming year. I like to think of each new year as presenting new possibilities and new opportunities.

While we may continue to struggle with the pandemic, the economy, and other life obstacles, I believe there is something new on the horizon, including new discoveries to be made in the paranormal.

I hope that disclosures about UFOs, and what they are, will continue to be made. For decades, people in the U.S. and around the world have wondered what is going on in the skies above. Hopefully, the new year will bring more answers and maybe a glimpse at the truth of what is out there.

When it comes to hauntings and ghosts, my hope is that people will start using better cameras to obtain clearer footage. Nothing irks me more than to watch a piece of "evidence" that is too blurry to make out what is actually going on. Is that blob a ghost or a smudge on the lens?



Chad Wilson,
Publisher

The same goes for cryptids. For some reason, whenever a cryptid shows up, the video footage seems to be so pixelated that you can't really make out what you're seeing. I also hope that more light is shed on what cryptids, such as Bigfoot, Nessie, and others, really are, or aren't.

While I don't know if the truth will ever be fully known when it comes to paranormal phenomena, I can continue to hope and dream of a day when we will know what is flying around in the skies above, or haunting our homes, or watching us from the shadows of the trees.

Until then, we can continue searching and investigating, with the hope of someday finding the truth. And *Paranormal Underground* magazine will continue to bring you stories of the unknown, including UFO and cryptid sightings, ghost hunter case files, real personal experiences, and information about a host of other paranormal phenomena.

I hope everyone had a great holiday season, and all of us at *Paranormal Underground* magazine wish you a happy New Year! ♦



January 8-9

Stranger Con

Los Angeles Convention Center
Los Angeles, CA

March 5

Austin Witchfest

Jourdan-Bachman Pioneer Farms
Austin, TX

March 11-12

OZ Paracon Paranormal Conference

Virtual conference on Zoom

March 17-20

TransWorld's Halloween & Attractions Show

America's Center
St. Louis, MO

March 25-27

Rochester Winter Parafest

Valley Oak Event Center
Geneseo, NY

April 8-10

Ozark Mountain UFO Conference

Best Western Inn of the Ozarks
Eureka Springs, Arkansas

April 9

MUFON Pittsburgh Area UFO

Conference

Westmoreland Community College
Youngwood, PA

April 22-23

Nebraska Bigfoot Conference

Hastings, NE

April 29-May 1

CrimeCon: Las Vegas

Paris and Bally's
Las Vegas, NV

May 13-14

WNC Bigfoot Festival

Downtown Marion, NC
Marion, NC

May 13-15

West Coast Hunters Convention

DoubleTree by Hilton Hotel Portland
Portland, OR

May 20-22

ParaVation

Hupps Hill Visitor Center
Strasburg, VA

June 24-26

Disco Is Dead – A Themed Paranormal Weekend at Belvoir Winery
Belvoir Winery/Odd Fellows Asylum
Liberty, MO

E-mail your paranormal event to
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Phantom Detectives
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LOST VOICES EVP RESEARCH is a site dedicated to the sharing of my findings, thoughts and theories.

I would love to hear from any like-minded enthusiasts out there so that we can discuss our projects.

Feel free to contact me on annomalie@yahoo.com or via www.lostvoicesevpresearch.com.

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CRYPTIDS, GHOSTS, AND TIKTOK TIME TRAVEL

BY MORGAN LINEBERRY

ANIMAL PLAYMATE FROM BEYOND THE GRAVE

I always say that all dogs are puppies; young, adult, or old. Now I have to add dead to that list. According to Sarah Fittock and Ray Fahey of the *Mirror*, Jake Demarco got some interesting footage on the security camera of his home in Melbourne, Australia.



“The clip appears to show Jake’s dog, Ryder, playing and running around with a transparent white pooch,” the article stated. And while the story describes the footage as “chilling,” I find it adorable.

The other dog seems to fade in and out, eventually disappearing, making it unlikely that it is a living dog that managed to get inside the yard’s fence. Jake and his wife are now watching the security cameras frequently “hoping to see Ryder’s playmate again.” You can watch the footage [here](#).

BIGFOOT LEAVES A BIG FOOTPRINT IN WASHINGTON

Plenty of people claim to have spotted or heard Bigfoot, but few get real evidence. One lucky woman was able to photograph some enormous Bigfoot tracks in October, according to Tobias and Emily Wayland of *The Singular Fortean Society*.

“Jennifer Powell O’Neal of Spokane Valley, Washing-



Photo: Jennifer Powell O’Neal

ton, shared a series of photographs showing large, unidentified tracks taken near Mount St. Helens” in Washington, according to the story. O’Neal was driving through the area and spotted the tracks going up a steep hill.

The prints were about 21.5 inches long, too big for a bear. O’Neal even thought to look at the “toes for signs of claw impressions and didn’t see anything.” All I can say is that she got lucky and had a good eye!

ALIENS INVADE US MAN’S LIFE

Adam Goldsmith of the *Daily Star* brings us arguably the most unusual alien-related news I have heard in a while. U.S. resident Steve Colbern believes that aliens caused him to lose his job and his wife. He says he’s been abducted “hundreds of times” and that an alien implant “changed his life.”



After his first abduction, “he experienced a changed perspective on life.” Although his wife had similar experiences, she did not accept Steve’s changed views and eventually left him. He was subsequently fired “after using company equipment to try to analyze the suspected implant.”

Steve feels that his abductions and the implant have made him a part of something larger. “I feel like I’m part of this society and also their society, and also a member of the galactic civilization, rather than just an obscure human being trapped on an obscure planet,” he said.

PLAYFUL PUB GHOST

The *Mirror* writer John Bett wrote that a pub poltergeist has made itself known at the Blue House pub in Hendon, Suderland in Northeast England.

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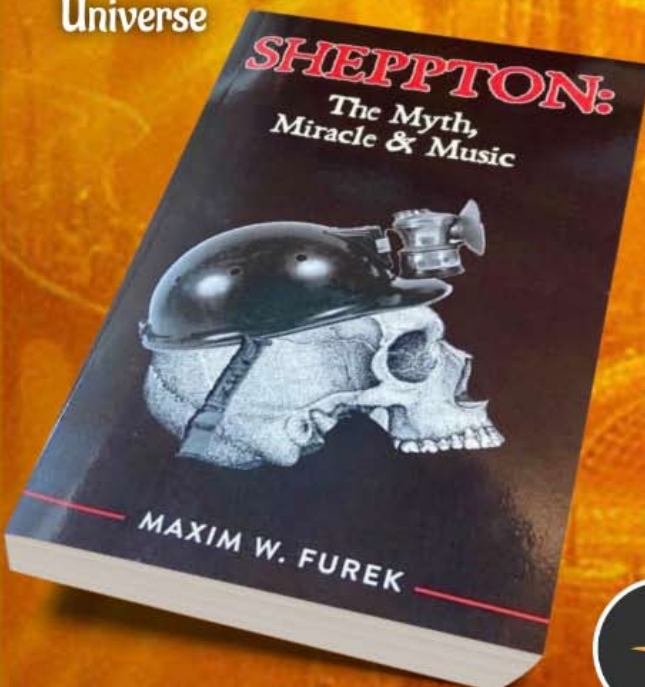
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“Staff at a haunted pub captured footage of a ‘ghost’ who knocked over a full pint of beer — leaving staff and customers terrified,” the article said.

The 167-year-old pub was already thought to be haunted, and this seems to have confirmed it. Four people were nearby, and no one touched the pint, so “there is no way that anyone could have knocked it [over].”

Naturally the video was posted on Facebook where the previous landlady saw it and confirmed that the pub is haunted. To see the ghost in action, watch the video [here](#).



2027'S LAST MAN ON EARTH?

Could humanity be wiped out by 2027? That is what one TikTok user is claiming, according to John Bett of the *Mirror*.

TikTok user Javier (@unicosobreviviente) has been claiming that he is from the year 2027 and is communicating to the past through TikTok. He also states that he is the last human on Earth.



To silence skeptics, “the TikToker has now uploaded footage of a busy city junction — which is eerily deserted.” Previously, “Javier has shared footage of a secret passageway in the abandoned city and clips from a shopping area that’s become a ghost town,” but people

say that he is just filming during quiet times or in secluded areas. But his most recent post seems to prove that this is not necessarily true.

It’s just a matter of time until we find out the truth!

UFO SIGHTINGS ON THE RISE IN NORTHERN IRELAND

With an increase in the number of sightings of aliens and unexplained lights in the sky, UFO sighting are on the rise in Northern Ireland, according to a story by *The Guardian*.

“From mysterious discs over Slemish Mountain in County Antrim to strange images spotted on CCTV, unexplained sightings increased in Northern Ireland again last year,” the article said.

In one case, a person encountered aliens in their bedroom, while another reported an abduction experience. So far, “no investigations had been carried out in relation to these incidents,” a Police Service of Northern Ireland spokesperson said.

Nick Pope, a one-time UFO investigator thinks the number of sightings is probably much higher than actually reported. Pope expects reports of unexplained sightings to go way up if the Ministry of Defense asks the public to report on anything unusual. ♦



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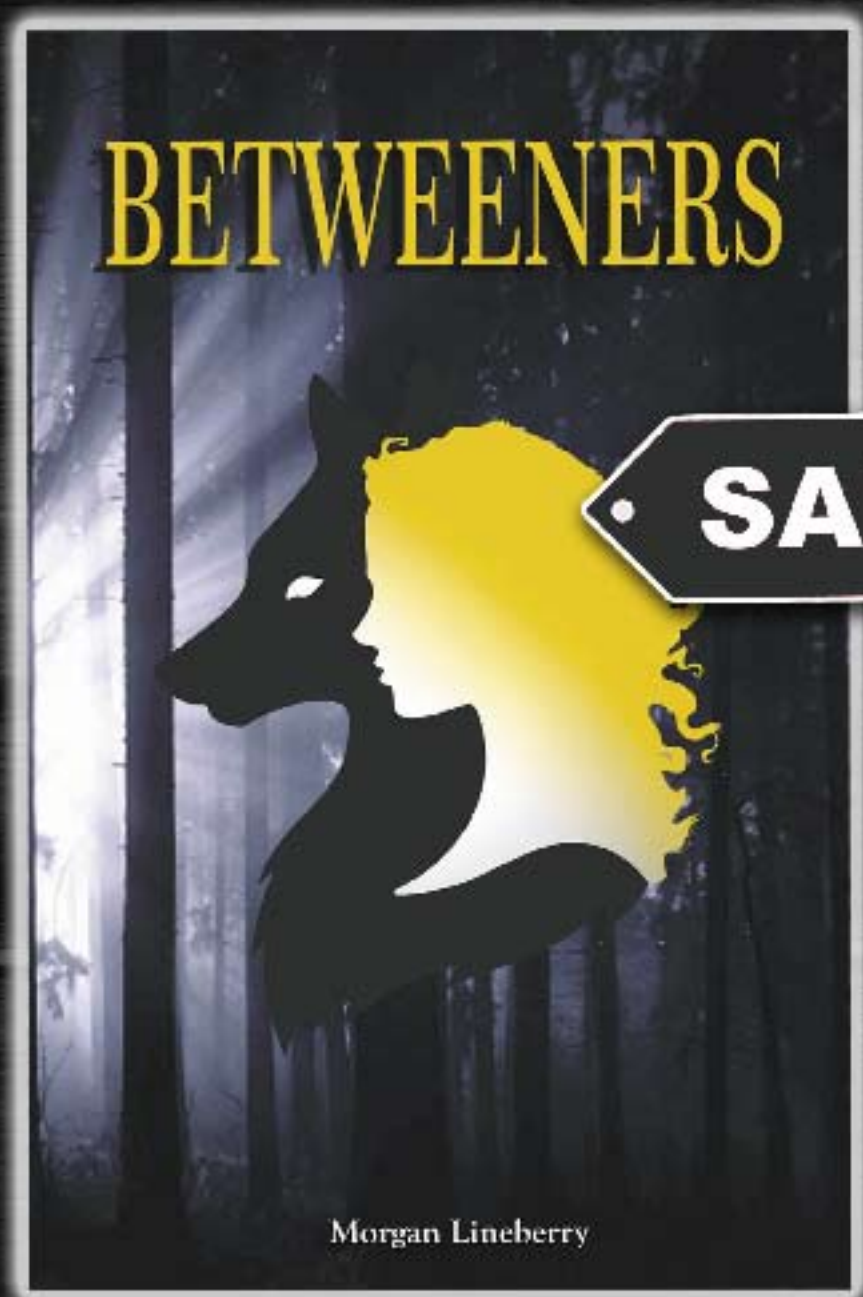


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who has the unique ability to see between
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The Groundbreaking Legacy of ANNE RICE:

THE WOMAN WHO HUMANIZED MONSTERS

By Jena Brown, The Lineup

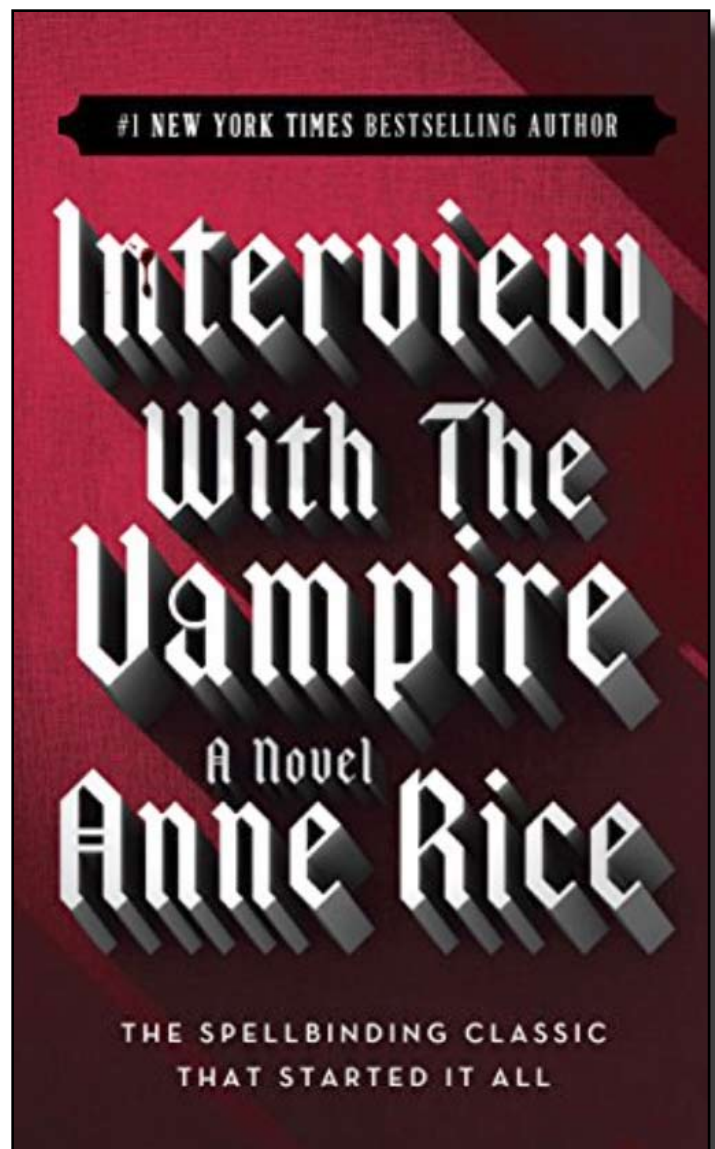
Anne Rice was born Howard Allen Frances O'Brien in New Orleans in 1941. Her parents wanted her to be a woman who could control her own destiny and thought her name would give her an advantage in life. While she went by Anne both colloquially and legally, she certainly did embody the bold nature her original name intended. Anne Rice passed away on December 11, 2021 — and her legacy endures.

It's rare for a writer to admit that one of the biggest books of their career was a fluke, but that's exactly what makes Rice so exceptional. She wrote *Interview With the Vampire* after losing her five-year-old daughter to leukemia. Turning back to a short story, she put her grief into the story about blood and created complex vampires who were tragic and terrifying in their opulence. But humanizing vampires sparked a bit of controversy when the novel was first published in 1976.

Critics weren't ready to see a creature that was nuanced and more than the singular blood-thirsty monster. The criticism caused her to turn away from horror until 1985. When she returned to *The Vampire Chronicles* series with *The Vampire Lestat*, the world was ready for her modern take on the vampire genre.

In one book, Rice single-handedly expanded the mythos of the vampire. Through Louis, we sympathize with the vampire as opposed to the victims. We see the struggle he lives with even though he is powerful, enigmatic, and immortal. Rice made him both the monster and the victim, allowing her readers to explore and identify with this clashing duality within themselves.

Her characters live on the fringes of society, rejected or rejecting, existing in a multitude of layers in a way that characters weren't frequently represented at the time.



Being one of a handful of women writing horror in the 1980s certainly contributed to her ability to create diverse and unique perspectives. In a time when the genre was largely dominated by men, Rice wrote luscious, sensual, and mysterious books that allowed her to influence the industry while standing out.

Readers flocked to her Gothic themes and haunting atmospheres. No matter what genre she wrote in, she was recognizable and remarkable.

Her career spanned over 40 years. In that time, Rice wrote 38 novels and several short stories; saw four of her novels adapted into film and two into television shows; and wrote several pilots for independent shows. But her most profound lasting impact is how she launched the vampire into a character trope that readers identify with today.

In tribute to Anne Rice's legacy, we've gathered nine of her novels spanning every series and genre she wrote as a snapshot of her impressive — and beloved — career.

Anne Rice is best known for her 'The Vampire Chronicles' novel series.

'Interview With the Vampire'

This iconic book launched Rice's career and put vampires into the mainstream like never before. A journalist interviews Louis — a vampire tortured by his existence — who recalls the story of his life. Told with lush prose, it spans centuries and continents, introducing us to a complex vampire society filled with dastardly villains and tragic heroes.

The book launched a 13-book series, a blockbuster film, and will be premiering a television series in 2022.

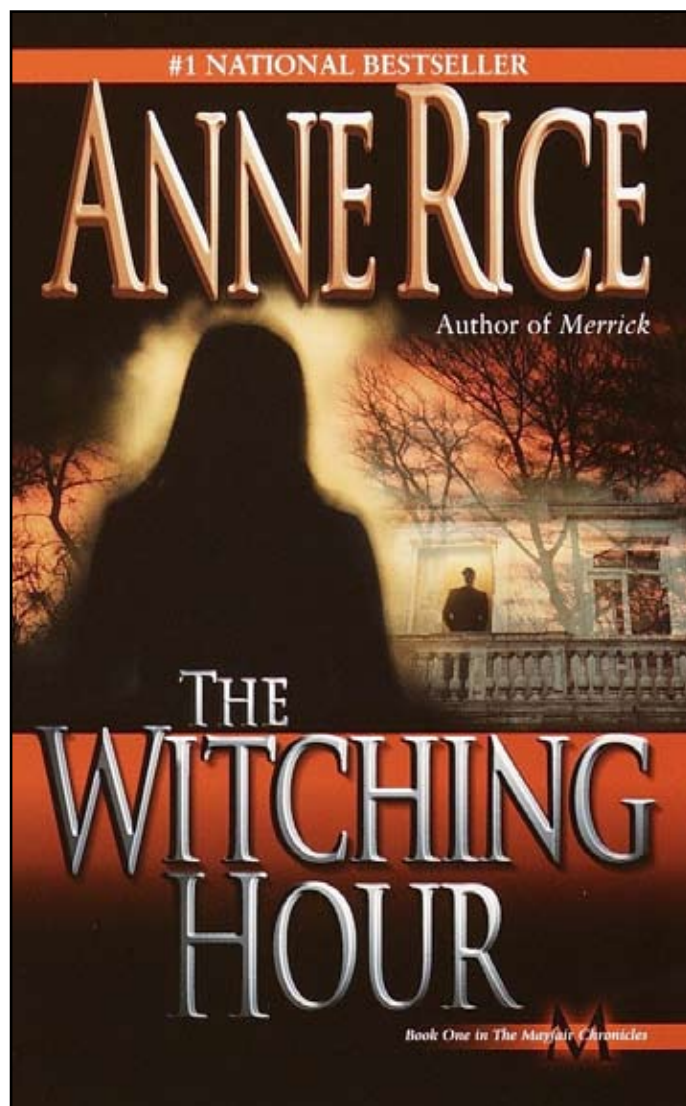
'The Witching Hour'

Expanding on the supernatural society first seen in *Queen of the Damned*, *The Witching Hour* is the first in the *Lives of the Mayfair Witch* trilogy. The story follows Rowan Mayfair, a neurosurgeon with powers she doesn't understand. When she finds a drowned man and brings him back to life, they embark on a journey of understanding, discovery, and love.

Going between past and present, *The Witching Hour* spans four centuries of Mayfair history, culminating in a shocking end.

'Christ the Lord: Out of Egypt'

Rice wrestled with her Catholic faith over the course of her life. In 1998, she returned to the church and wrote a

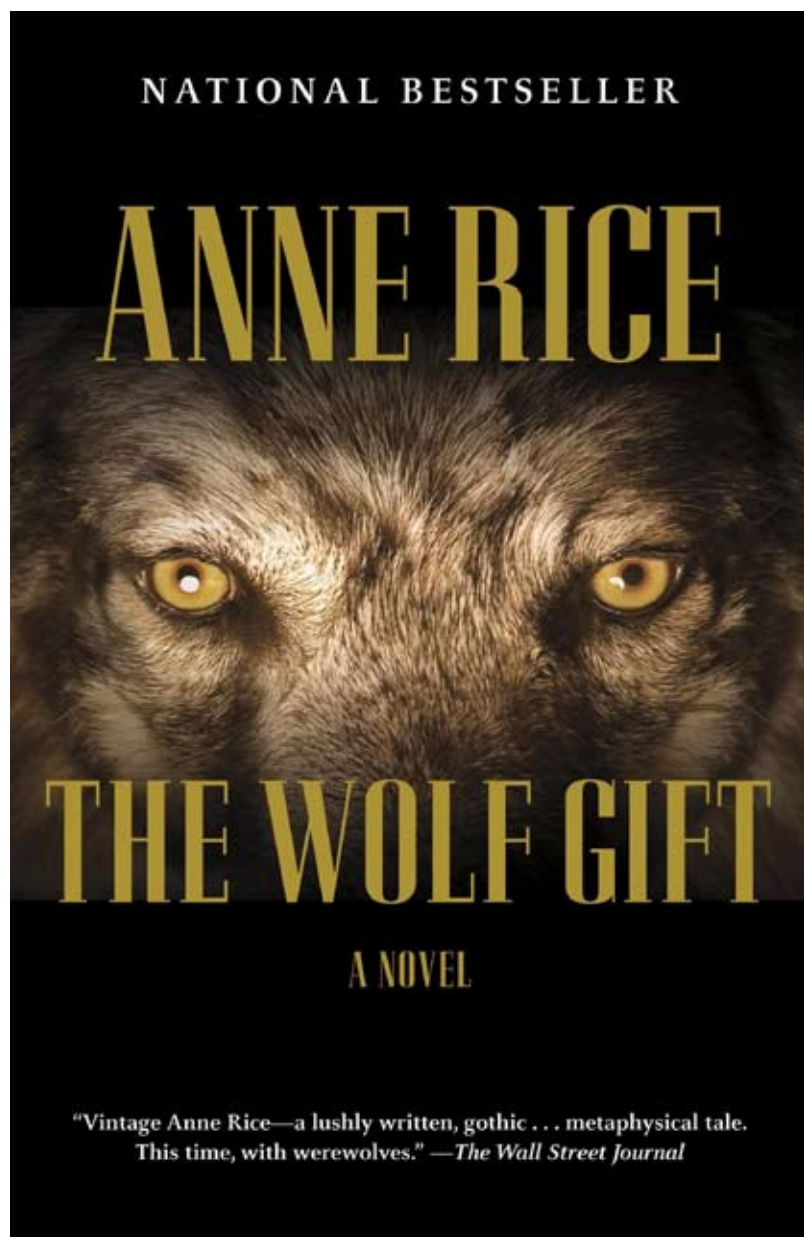


new novel. *Christ the Lord* follows the fictional life of Jesus Christ as a child. It's an engrossing novel told in the first person perspective of a character that more than 2 billion people worship. Rice dedicated enormous research into building a world that is historically accurate, all while portraying the characters with compassion and humanity.

The second book in the series, *The Road to Cana*, was published in 2008. However, by 2010, Rice turned away from religion and announced no plans to release the third and final book.

'The Mummy, or Ramses the Damned'

Last awakened during Cleopatra's reign, Ramses wakes in Edwardian London. He was once known as Ramses the Great, but after drinking from the elixir of life, he is immortal — and cursed. In a desperate attempt to resurrect his long-dead love, Ramses makes a decision that could doom the world.



It took 18 years before fans saw the sequel, *The Passion of Cleopatra*, which she coauthored with her son Christopher Rice. The third book, *The Reign of Osiris*, is scheduled to be published in 2022.

'Angel Time'

When assassin Toby O'Dare is contacted by a seraphim and offered a chance at redemption, he jumps at the opportunity. He's transported to thirteenth-century England where he must right historical wrongs in order to salvage his own humanity. Rice's journey with religion is clearly at the core of the narrative.

Angel Time focuses on the themes of redemption, salvation, and forgiveness — with a paranormal edge.

'Pandora'

The *New Tales of the Vampires* series is a spin-off from *The Vampire Chronicles*, featuring secondary characters and focusing on their stories. David Talbot has set out to chronicle various Undead lives. He meets Pandora in a Paris café, where he convinces her to tell him her life story. We begin in Imperial Rome and travel across two centuries as we learn of her vampiric life.

Both this book and the sequel, *Vittorio the Vampire*, are Rice's only vampire novels in which Lestat doesn't appear.

'The Wolf Gift'

While Rice rejected claims that *The Wolf Gift* was her return to supernatural storytelling after her *Christ the Lord* novels, many of her fans saw it as exactly that. Journalist Reuben Golding is attacked by an unseen beast while on assignment. The bite begins a metamorphosis that is both horrific and ecstatic — while he is hunted by the police, scientists, and the media.

Once again, themes of salvation and redemption are evident, as well as transformation as Golding struggles to fully embrace being both wolf and man.

'The Feast of All Saints'

Rice's second novel, *The Feast of All Saints*, is a historical fiction novel about the *gens de couleur libres* — free people of color — and their life in New Orleans before the Civil War. A richly researched book that follows multiple characters through their lives with nuanced detail and breathtaking atmosphere, it's a story that continues to sweep readers away.

The novel was made into a movie in 2001, featuring a star-studded cast, including James Earl Jones and Forest Whitaker.

'Called Out of Darkness: A Spiritual Confession'

Rice's autobiography takes readers through her spiritual journey to rediscovering her Catholic faith. She takes readers from her religious upbringing, Catholic schools, and how she lost her faith in adulthood. Though she proclaimed herself an atheist, her questions toward faith never left her. Rice bares her soul and reveals the questions she's always struggled with when it comes to God and faith.

Called Out of Darkness is a riveting read that illuminates many of the themes her books touch on through a far more intimate lens. ♦



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AND TUDHOE IN THE U.K.***



Joshua Chaires Leads Phantom Detectives on Supernatural Journey

By Cheryl Knight

When Joshua Chaires was five years old, he saw a UFO in the sky. That moment ignited a fascination with the paranormal that would span the next 22 years.

After investigating with other paranormal team, Joshua founded his own team, Phantom Detectives based in Pennsylvania, in mid-2020 with the mission of helping client's document paranormal activity.

We recently spoke with Joshua about his paranormal journey, including his paranormal experiences, his team's evidence, and bucket list investigative sites.

* * * * *

Q: Please tell us a little about yourself, both personally and professionally.

Joshua: I am a 2003 graduate of Octorara High School and the Center for Arts and Technology and a 2008 graduate of West Chester University. Currently, I am studying for my Graduate Management Admissions Test. I am a future student, musician, paranormal investigator, publicist, researcher and writer.

I am a very down-to-earth, humble person who seeks to help people to the best of my ability in all facets of life. Professionally, I am very team driven and work to improve on an everyday basis.

Q: When was your team founded?

Joshua: The team was founded on August 20, 2020, which happens to be the birthday of my evidence review specialist Sasha Zahorcak. Our team was founded because I wanted to be able to give both of us a fresh start from the previous team we left. Our goal was to push the reset button, so I created Phantom Detectives LLC.



Joshua Chaires became fascinated with the paranormal after seeing a UFO at the age of five. Years later, he founded his own paranormal team, Phantom Detectives. (Photos by Rachel Stevens, Studio 74 LLC)



Phantom Detectives includes team members (pictured, left to right) Joshua Chaires, founder and case manager; Rick Warner, tech manager and lead investigator; Sasha Zahorcak, evidence review specialist; and Melissa Ferrazzano, psychic medium and investigator. Not pictured are Rachel Stevens, photographer and videographer, and Mark Anthony, psychic medium.

Q: Who are your other team members?

Joshua: Our team consists of six members. Our evidence review specialist is Sasha Zahorcak, who is a sound engineering major at Montgomery County Community College, a Civil War reenactor, musician, and our paranormal inventor. Sasha is in charge of reviewing the evidence on our investigations while I act as the overseer.

Our lead investigator/tech manager is Rick Warner, who has had a lifelong interest in UFOs. He is a former member of the Delaware MUFON chapter, is the U.S. ambassador to the Italian UFO Federation, a certified UFO field researcher, a martial arts instructor, and our director of client relations.

Our psychic medium is Melissa Ferrazzano, who is a student of Cindy Kaza from *The Holzer Files*. She has studied different forms of crystal healing, has a background in accounting, and is an expert on remote viewing. In addition, Melissa does readings for her clients over the phone, and she loves to interact with them.

Mark Anthony, who is known as the Psychic Lawyer,

is a bestselling author of three books; has studied advanced mediumship in England; and is an expert on spirit communication, psychics, philosophy, history, and theology. Mark has been featured on *Beyond Belief* and *Coast to Coast AM with George Noory*.

Rachel Stevens is our team's photographer and videographer. She is an experienced writer, editor, and cinematographer with a history working in print/digital journalism. She's works at ReminderMedia as a content writer and owns Studio 74 LLC.

"Our mission statement is to preserve history by documenting paranormal activity."

Q: Talk about your paranormal group and its mission.

Joshua: Our paranormal group is a very client-centered group. Our mission statement is to preserve history by documenting paranormal activity at haunted locations throughout the country.

Phantom Detectives never charges for an investigation, and we do our best to create a follow-up report within weeks of an investigation.



Lead Investigator/Tech Manager Rick Warner has had a lifelong interest in UFOs.

Q: How did you become interested in the paranormal and founding a paranormal investigative team?

Joshua: After having a UFO experience as a young child, I began watching as much paranormal TV as possible. I loved watching ghost stories on *Unsolved Mysteries* with Robert Stack as a child. Watching those episodes drew me in personally and professionally.

In 2002, I had the rare opportunity to investigate the General Wayne Inn in Merion Station, Pennsylvania, with the late-parapsychologist Michaela Mahler. This was before it was converted to a Jewish synagogue in 2004. In spring 2015, I cofounded the Summerwind Restoration Society along with Wisconsin Paranormal Investigator Craig Nehring to rebuild Wisconsin's most haunted house.

In 2015–2016, I had the opportunities to book guests for Amy on the Radio and Dr. J Radio Live. Both Dr.

J and Amy Martin worked for the late Art Bell on *Midnight in the Desert*. That helped me get to know a large network of contacts in the UFO, ghost, and Bigfoot fields. After leaving those shows, I wanted to start creating my own paranormal research team and build it from the ground up. That is exactly what I did in August 2020. We created business cards, created a team email, made social media profiles, had logos designed, had a Website built from the ground up, and then started investigating locations near us.

Over the past year we have investigated the Betsy Ross House; The Mill at Anselma in Chester Springs, PA; Selma Mansion, and we just completed our fifth investigation at a residential location in Philadelphia. In May, we purchased the rights to *Dark Matter News* from the late Art Bell's former affiliate director Leo Ashcraft. Our goal is to rebuild it with our vision and to hire a staff of writers to make it into a paranormal news hub for everyone in the field.

Q: Tell us about your personal paranormal experiences.

Joshua: In 1989, when I was five years old, I remember looking up in the sky and seeing something strange with triangular lights. Over the next 13 years, I never missed an episode of *Unsolved Mysteries*.

Then in 2002, I had the opportunity to investigate the General Wayne Inn. During that investigation, I took pictures with a disposable camera in the basement area and captured many strange green/yellow light formations. The experience scared me a lot, and I still have memories of being down in the wine cellar of the General Wayne Inn to this day.

In 2018, my lead investigator and I had the opportunity to investigate Pennhurst Asylum. In the basement area, we found strange foot-shaped formations on a rusted outdoor that we couldn't explain. When we moved to the Mayflower building, we heard loud bangs all over the building, and we couldn't find where they originated from. I've had many other experiences over the years, but these stand out the most.

Our psychic medium, Melissa, has had many personal experiences on her investigations as well. She uses a notepad, pen, and pencil to do her readings while on investigations. During one of our investigations, her readings were spot on with the history of Selma Mansion. In addition, she has had many personal experiences while investigating locations, including the Rockwood Mansion in Wilmington, Delaware.

Our tech manager, Rick, has had many experiences with UFOs while filming movies when he was living in

California, as well as when he documented eyewitness accounts with the Delaware-based MUFON chapter.

Q: What interests you most about the paranormal?

Joshua: The most interesting aspects of the paranormal include the study of mediumship, the history of locations that have documented paranormal activity associated with them, new technologies relating to new paranormal investigative equipment, and how everything is connected in one way or another.

Q: What different types of locations has your team investigated?

Joshua: On our current and past teams, we have investigated historical societies/museums, insane asylums such as Pennhurst, historic battlefields such as Gettysburg, and clients' houses that have documented paranormal activity.

Q: What equipment do you usually take with you on an investigation?

Joshua: Our team uses eight DVR cameras, EMF meters, voice recorders, ghost boxes, night-vision cameras, SLS cameras, and thermal cameras to document any paranormal activity that we may experience on an investigation.

Q: What methodologies do you use during investigations?

Joshua: Our team uses the scientific method, which is observe, ask a question, make a hypothesis about something, make a prediction, test that prediction, and look at the results of that prediction.

Q: What case will you remember the most and why?

Joshua: The January 9, 2021, investigation of the Mill at Anselma in Chester Springs, PA. On that night, we captured an EVP on the third floor that said, "Go"; a thermal image of a full-bodied apparition; video of a door flying open by itself; and photos of spirit entities.

Both my lead investigator and I conducted that investigation for more than six hours that night. We have concluded the Mill at Anselma has both an intelligent and residual energy in it.

Q: What is the most compelling evidence of the paranormal that you or your team has captured to date?

Joshua: Out of the investigations that we have done



Evidence Review Specialist Sasha Zahorcak is a sound engineering major and paranormal inventor.

so far, I would say the door flying open by itself during our investigation of the Mill at Anselma is the most compelling. It defies any science or psychics that I can comprehend.

On that night, there was no one on the property but two of our members, it wasn't windy at all, and the door to the Mill was completely latched shut. There was no possible way that door could have opened by itself, as it was completely dead-bolted shut.

In addition, we also captured a rope swinging by itself later that evening on the second floor of the Mill, which we pulled from our DVR camera.

Q: Talk about common misconceptions about the paranormal field that you've encountered?

Joshua: The many common misconceptions that we have noticed in the paranormal field is when teams go



Psychic Medium Melissa Ferrazzano has studied different forms of crystal healing and is an expert on remote viewing.

to provoke spirits at locations. Provoking spirits will only cause them to get angry at the investigators that are at a location, and they may attach themselves to potential team members.

Our team views provoking as foolish and should never be done to any spirit, period. It doesn't matter if it's an intelligent haunting, residual haunting, poltergeist haunting, or an inhuman spirit. Our team respects the history of the locations we investigate and the spirits that are still there.

Q: Whose work in the paranormal field do you respect the most and why?

Joshua: Our biggest influences in the paranormal field that we respect the most is the work of the late parapsychologist Dr. Hans Holzer, who is known as America's

first true ghost hunter. He would take mediums to haunted locations all over the country. His main two mediums that he worked with the most while conducting investigations were Ethel Myers and Sybil Leek.

I consider Sybil's son, Julian, to be a friend. And our team is friends with Cindy Kaza, Dave Schrader, and Shane Pittman, who had the permission from Dr. Holzer's daughter, Alexandra Lawson, to reopen his old case files from the 1950s-1970s for a show that's featured on Travel Channel called *The Holzer Files*.

We respect Dr. Holzer because he was a true pioneer of the ghost-hunting field at a time when anyone who spoke about the paranormal field was disregarded.

Dr. Holzer invented many of the modern investigation techniques that we see on all the ghost-hunting shows today. His legacy is well preserved by his daughter, Alexandra, who we also consider a friend.

Q: What locations do you have on your wishlist to investigate?

Joshua: Our biggest bucket list of locations we would like to investigate includes Waverly Hills Sanitarium in Kentucky; the Lizzie Borden House, House of the Seven Gables, and the Joshua Ward House — all in Massachusetts; the Winchester Mystery House and The Queen Mary in California; Myrtles Plantation in Louisiana; Summerwind Mansion in Wisconsin; and Eastern State Penitentiary in Pennsylvania.

These are just some of the locations our team would like to investigate one day.

Q: Tell us about your involvement in National Ghost Hunting Day.

Joshua: Our team's sixth investigation was at the Sanderson Museum in Chadds Ford, PA, on September 25 for National Ghost Hunting Day. The Sanderson Museum houses many historical artifacts, such as a bandage that was on President Lincoln while his body was moved back to Illinois, a purse from the Jennie Wade House in Gettysburg, letters from Helen Keller, and much more. The museum is loaded with historical artifacts sent to Christian Sanderson over the years. He was a collector of many things.

National Ghost Hunting Day was founded by Brian J. Cano and Maria Schmidt in 2016 to build unity in the field of paranormal research. Our team used the Spirit Realm Network streaming platform while conducting our investigation at the Sanderson Museum, and it was a wonderful experience. Maria has been very supportive of what we are doing.



Psychic Medium Mark Anthony is an expert on spirit communication, psychics, philosophy, history, and theology.

Q: What are your thoughts on the existence of extraterrestrials?

Joshua: This was a topic my mentor's old boss, Art Bell, tried to answer for many years on his radio shows *Coast to Coast AM* and *Dreamland*. He would interview many guests on this topic, including Whitley Strieber, John Lear, Dannion Brinkley, Dr. Karla Turner, Linda Moulton Howe, and many more top UFO experts.

From his research and through my own research, there must be a positive correlation between ghosts, Big-foot, and UFOs.

The Universe is enormous, and there is no way we are the only forms of life. There are galaxies, solar systems, and planets many light years away that could host alternative lifeforms.

Q: What are your thoughts on high strangeness, which is the presence of multiple types of para-

normal phenomenon (UFOs, ghosts, cryptids, etc.) encountered in the same area?

Joshua: On a paranormal investigation in Philadelphia, the client reported having his blankets removed while sleeping, his DVR system captured strange light formations that appeared to be extraterrestrial in origin, he heard voices all over his apartment, and he has strange marking on his knees that defy scientific explanation.

So far, we have captured several EVPs from that location. We are still going over the evidence, so more unexplained activity may emerge from our cameras, thermal camera, and other members' voice recorders.

Q: What words of wisdom would you offer amateur ghost hunters investigating for the first time?

Joshua: Always protect yourself when going on investigations. Make sure to get permission from the manager or owner of a location before investigating it. Never trespass on private property without permission from the location owner.

We always book our investigations by phone and by email. Then we send out Google Calendar dates to our team members to let them know the date/time of the investigation. Another best piece of advice we can recommend is never investigate alone. Always have someone with you, as many locations could have places where you could fall and hurt yourself. That is the most important thing we can recommend.

Finally make sure to have extra batteries with you, as spirits are known to drain your equipment very quickly. We recommend using a heavy-duty flashlight such as a Maglite while investigating. They can withstand a great deal and can last for years if you take care of them.

Q: What else should our readers know about you and your team?

Joshua: Phantom Detectives hired a cinematographer to capture footage during a recent investigation at White Chimneys in Gap, PA. They did interviews with us, followed us around as we investigated, and helped us record content for our YouTube channel.

* * * * *

To find out more about Joshua and Phantom Detectives, visit PhantomDetectives.org, DarkMatterNews.com, youtube.com/channel/UCPOks9jVPoXv9NispqhFf9Q, Facebook.com/PhantomDetectives, and instagram.com/phantomdetectivesllc. And you can find out more about the ERC here: erc2explore.com. ♦

How Does Our Natural Environment Contribute to Paranormal Activity?

By Nicole Strickland, San Diego Paranormal Research Society



Approaching paranormal research is the same as approaching an incomplete puzzle. You have pieces scattered about, and it takes careful thought and determination to find the matching pieces and put them together. Even though some connect, the puzzle isn't completely finished until all portions fit together to create one unified product.

With paranormal research, you are testing theories and applying unique experimentation that may or may not help to explain the cause(s) of anomalous phenomena. It's important to use creative and constructive thinking during this process to explain the answers we're seeking.

Suggestibility and Bias

In my professional opinion, one area that is often overlooked in the paranormal investigation and research arena is how the living realm causes and/or influences anomalous phenomena. Let's face it: We can't know about supernatural occurrences without mortality attempting to explain and define it. This begs me to ask this question: Is a paranormal case study ever without bias and power of suggestion?

In other words, many notable haunted locations have been talked about, explored, and investigated over time by many people from all walks of life. Each person that has witnessed ghostly activity, conducted a case study, or casually observed something otherworldly at a specific site has already contributed to bias. Just think about the various data, personal encounters, and eyewitness testimony that's been documented at supernatural-infested locales via mainstream media, books, articles, lectures, etc., for the casual observer or seasoned researcher to access.

While I won't discuss in-depth how the entertainment industry contributes to affecting one's belief about the paranormal, I will briefly mention how many current shows and movies about demons and malevolent creatures suggest that spiritual beings are entities to be feared. Due to these notions spreading into the conscious and subconscious, more and more paranormal groups are receiving e-mails and calls from home owners and/or renters complaining of a demon in their home. This just goes to show how easily a human being is swayed into believing one thing or another.

What's interesting is how a person may truly believe



that his or her encounters and description of occurrences are real, even when they're proven otherwise. Sometimes, people are so cemented in their beliefs that they will refute any evidence to the contrary.

What often happens is that people train their minds to formulate a consensus of what's going on that is solely based on someone else's work and research. Now, some of this research may be accurate and something that is worthy of knowing; however, much of it can be polluted, false information originated by various human filters — religious predisposition, belief or lack thereof, personal baggage, or psychological states of mind, to name a few. Even certain personality traits could predispose certain individuals to attributing a noise at night to a ghost or spirit.

California's Chapman University even released a survey that found that those who are generally scared are more likely to believe in the supernatural. I am not suggesting that we ignore others' opinions, findings, or beliefs. I highly advise that individuals apply their own analysis and scrutiny and then see if it matches what others have discovered. If you rely on what others say or document in regards to paranormal phenomena, you may not always get genuine evidence.

It's important for people to conduct their case studies critically and conscientiously while keeping others' findings close at hand, should they need to refer to them. It's good to have a variety of data — whether proven genuine or not

— on hand, as in the end, it can be helpful in regards to attempting to put the pieces of the unknown puzzle together. But, solely relying on what others' say can skew what is actually going on, especially if it's not accurate.

Let me give a couple of examples: A group of individuals walk into a supposed haunted building with uncurbed excitement and gadgets ready to be utilized. After some time exploring the premises, one person reports feeling a foreboding presence. Soon after, this feeling extends to everyone involved. Maybe this is power of suggestion

(most likely is) or truly a powerful entity making itself known to all the explorers in the group. In the field of paranormal research, it is typically recommended to notate subjective material only to be disclosed after the investigation is completed to corroborate

intuitive impressions and/or personal encounters.

How do you explain the numbers of paranormal incidents skyrocketing around Halloween? Of course, some of it can be explained by the thinning veil between our world and the next. Many people do experience heightened psychological states during this time, which affects how they perceive and react to certain anomalous phenomena. When your senses are overloaded by ghostly stimuli as presented during September and October, it's only natural that a person will become hyper-focused on it. The mind is a mysterious vessel as it constantly tries to make logical sense out of its environment.

Can the power of suggestion cause paranormal activity?



Here's another example: There are numerous YouTube videos about a certain residence in the United States that has been claimed to be haunted after a murder. In these videos, people have examined police body cam footage and document having heard certain EVPs. Some also report seeing apparitions and shadows in the home. Whether this is true or not, those who have no prior knowledge of the case will be subjected into believing these alleged paranormal claims by watching these videos. So, they are trained to look for just those anomalies, potentially missing other paranormal activity.

Those who are gullible and believe everything they see and hear without in-depth analysis and critical thinking will be further duped by allowing these videos to enter their conscious mind. This creates a snowball effect where more and more videos are produced that spread erroneous information. When this happens, a false haunting takes place or one that is psychokinetically engineered by the human mind.

The Effects of Psychokinesis

Let's take a moment to examine psychokinesis (PK) more closely. In the movies, those noisy cabinets that seemingly move by themselves are said to be caused by a curious ghost. While this may be the case with certain situations, PK energy doesn't have anything to do with the deceased at all, as it originates from living human beings.

In 1914, author Henry Holt first discussed psy-

chokinesis in more depth in his book, *On the Cosmic Relations*. He explained that psychokinetic situations occur when an individual's psychic aptitudes are able to influence the movement of a physical object without any physical assistance. Over the years and after studies into this perceived psychic ability, there remains a lot of controversy regarding its scientific veracity as it is said to violate the laws of physics.

Psychokinesis and projected thought forms go hand-in-hand in my opinion. Since we're made of energized cells, it makes sense that our thoughts are too. A mere thought can take on its own life form if enough power and intention are focused on it. If you critically think about it, this could be one of the contributors of why there's an influx of the living and spirit world interacting with one another. It can also be the cause of why there are so many reported hauntings and inflows of supernatural activity.

Across the globe, are all the documented paranormal happenings truly genuine paranormal occurrences or are some of them created by the human mind, whether it's via psychokinesis, tulpas or living thoughts, or through pure imagination?

Day and night, there are paranormal case studies occurring across the planet. I am not doubting that this is consistently waking up the afterlife and providing the impetus for it to interact with those in the physical world. It's synonymous to a revolving door at a department store; as it keeps moving and operating in a circular fashion, so do



the living and departed as they come in and out of each other's existence. However, it's important to sift through potential false hauntings and imagined supernatural phenomena and understand how they are created.

Let's look at some other factors that could cause false positive hauntings and invented paranormal phenomena. What percentage of reported anomalous activity from around the world is linked to one or more of the following elements outlined below? This would indeed be a very intriguing and mind-opening study, one that showcases that not all reports of paranormal occurrences are truly paranormal.

Infrasound

In 1980, engineer Vic Tandy claimed that infrasound could be the cause of observed paranormal phenomena. It specifically refers to low-frequency sounds vibrating from 0.1 to 20 Hz, just under the level of human hearing. Infrasound is utilized in monitoring seismic activity and was used for locating artillery in World War II, for example.

Tandy discussed in his paper *Ghost in the Machine* that he worked in a laboratory noted for its spooky vibes. He also discovered that the low-frequency vibrations further caused dizziness, fear, and blurred vision. Individu-

als reported feeling anxious and on edge there; however, these apprehensive feelings subsided when a fan putting out noise at a frequency of 19 Hz was shut off.

Sleep Paralysis | Hypnagogia | Hypnopompia

Authentic visitation from the astral plane should not be confused with sleep paralysis, which is more or less a physical phenomenon. Simply put, sleep paralysis is a feeling of being awake but unable to move your body. It usually occurs during one of two states: the hypnagogic or when you are falling asleep (predormital sleep paralysis) phase or the hypnopompic state or when you are waking up (postdormital sleep paralysis).

The dreamer is typically not aware that he or she is dreaming, but instead thinks he or she is awake in the bed. During this time, you may be unable to move your body for several seconds or even up to a minute. Other symptoms may include a sense of pressure, a feeling of choking, and/or seeing a presence standing over you. You may not be able to speak; however, you are fully aware of what's happening. During an episode, a person may also experience the sensation of falling, floating, flying, or leaving their body.

Sleep paralysis will usually end on its own terms when





someone touches you or you make a conscious effort to move. It may accompany other sleep disorders, such as narcolepsy, disturbed night sleep, slumbering during the day, etc. Sleep paralysis may also be caused by certain medications, substance abuse, medical condition(s), and/or mental health disorders, such as bipolar disorder or schizophrenia. Sleep deprivation or times of intense physical and emotional stress may trigger an episode.

Many sleep researchers believe that this condition may be a sign that someone is not adequately moving through the stages of sleep. It is rarely connected to a psychological problem or mental illness. For hundreds of years, people have described sleep paralysis as experiencing some evil force or entity; in fact, almost every culture has reported this phenomenon and the belief that someone is being attacked by some shadowy, malevolent specter. Although it may seem that a supernatural force is attacking you during this stage of sleep, a paranormal origin is quite unlikely. Reality and fantasy mesh together during an episode with lucid dreaming potentially intensifying. Some people will mistake sleep paralysis for alien abductions, as its identifying symptoms often mimic abductee reports. It often affects people in their 20s or 30s.

It is recommended to get at least six hours of sleep a night, but preferably eight to 10. If you have recurrent episodes, talk to your physician, as he or she may refer you to a sleep study specialist. Sleep is a fundamental human need; without it, we would not be able to effectively function. When we slumber, we cycle through phases of non-REM and REM (rapid eye movement). The REM

phase happens around 90 minutes after you fall asleep. The first phase may last around 10 minutes, with each additional one lasting longer and the final episode lasting 60 minutes. Heart rate, breathing, and brain activity are more active in this state. During REM, we are dreaming as our eyes move about in different directions. Non-REM comes first followed by a shorter duration of REM; then the cycle repeats itself. Our body's organ systems repair and rejuvenate during deeper levels of non-REM.

Is it possible to have a true paranormal encounter or visitation from the other side during sleep paralysis? It's feasible and certainly should not be ruled out. This is especially the case with the aforementioned predormital and postdormital states of sleep, mainly because our inhibitions are lowered while in these phases.

Carbon Monoxide Poisoning

Even the slightest carbon monoxide leak can cause people to have symptoms that mimic paranormal encounters. Various symptoms can be caused from a CO leak, including hallucinations, sleep paralysis episodes, apparition sightings, feelings of unease or weakness, headaches, and nervousness.

There have been many instances of resolved CO leaks that resulted in a cessation of all perceived paranormal activity and physical symptoms.

Electromagnetic Field and Electromagnetic 'Fear Cages'

One can't talk about paranormal research without discussing the effects of electromagnetic fields (EMF). An EM field is caused by increasing electric charges, which proliferate at the speed of light. The EM field basically exists everywhere.

Electronic devices emit readings, some of which are very high, which can affect those who are sensitive to EMF. In fact, EMF sensitivity can produce a variety of symptoms, ranging from flu-like feelings, headaches, anxiety, hallucinations, nausea, fear, heart palpitations, and the sense that you're being watched by an unseen presence.

A "Fear Cage" is an area of highly concentrated EMF, which can cause perceived supernatural occurrences for those who stand in its path. So, when sifting through all the objective and subjective data from a paranormal case study, it's warranted to examine EMF and its effects on humans.

Certain Psychological Disorders

It's commonsense that certain psychological disorders can either affect how a person perceives and reacts to ghostly activity or cause someone to exhibit symptoms that mimic actual paranormal occurrences. Various

psychiatric medications, as well as others (including illegal substances), can cause a person to experience a false paranormal encounter.

Schizophrenia can produce delusions or false beliefs that are not based in reality or hallucinations that cause a person to see or hear things that don't actually exist. In the beginning phase of schizophrenia, symptoms can easily go unnoticed by friends and family.

Post-traumatic stress disorder (a psychiatric injury) and trauma can be linked with perceived paranormal activity. It can cause hypervigilance or being overly alerted to one's environment, which may contribute to imagined visual, auditory, or tactile encounters.

Epilepsy and certain seizure disorders can cause situations that mimic supernatural activity, and the list goes on.

Ongoing Assessment Is Essential

In my opinion, continuing scientific studies are needed to understand the brain functions during a supposed or genuine paranormal incident. For example, let's say that there are numerous reports of similar activity at a location from different people. But, then a few reports of activity

come in from people that don't match what the majority of others have documented. Maybe these are accurate, and maybe they are not.

It may be beneficial to further explore these individuals to see if they are dealing with any psychological disorder, medication use, sensitivity to EMF, etc. Perhaps in doing so, it can unearth a discovery that can potentially explain how and why these few people reported phenomena that strongly differed from the norm.

Closing Thoughts

There needs to be a standard, universal protocol for all paranormal researchers to follow. Conduct-

ing a case study should involve careful scrutiny of not just the reported/witnessed anomalous phenomena at a location, but also the living human beings who step foot on its premises.

This will unearth a whole new set of observations, opinions, and questions that can lead to further unlocking the secrets to supernatural phenomena. Hopefully, this will enable investigators to better distinguish between real activity versus that which is created by the erroneous or the imagined. ♦

Continuing scientific studies are needed to understand the brain functions during a paranormal incident.

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9 MOST HAUNTED HOUSES IN THE WORLD

BY JENA BROWN, THE LINEUP

Many hauntings have been reported throughout the centuries all over the world. Some entities are content to simply exist peacefully amongst the living, but others like to taunt — they will push, grab, and even bite visitors who dare intrude on their domain.

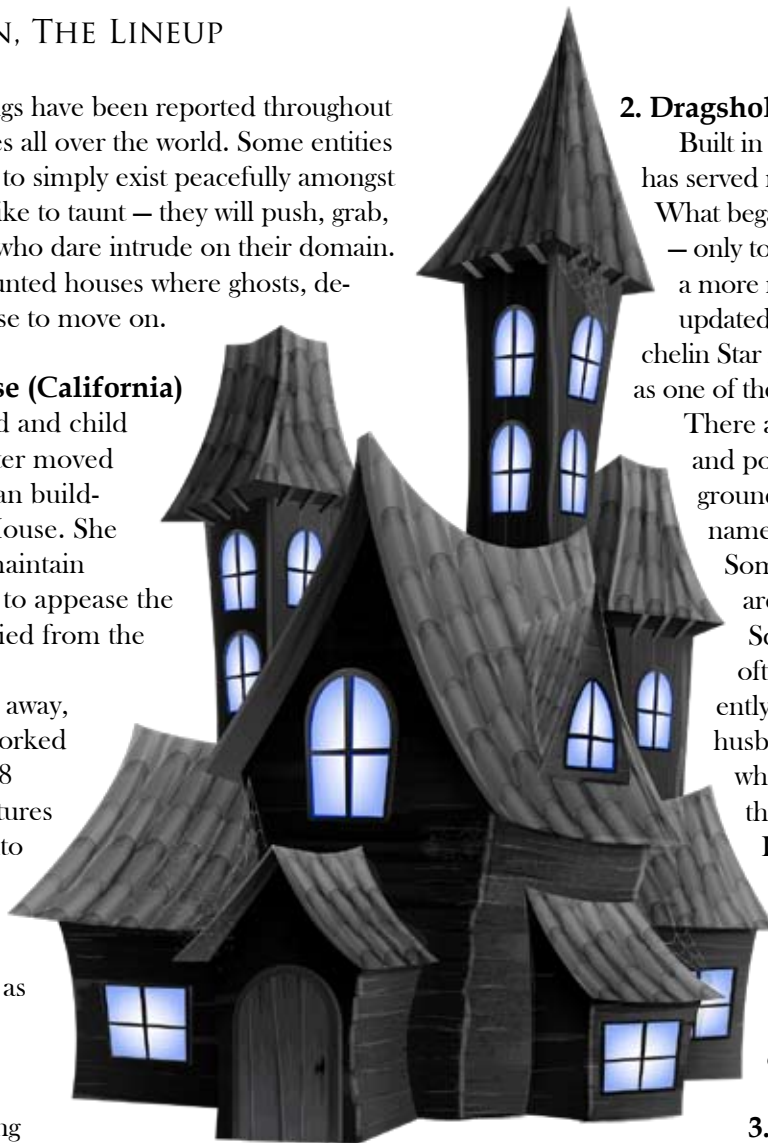
Here are nine haunted houses where ghosts, demons, and spirits refuse to move on.

1. Winchester House (California)

After her husband and child died, Sarah Winchester moved to California and began building the Winchester House. She believed she had to maintain construction in order to appease the spirits of those who died from the Winchester rifle.

When she passed away, the house had been worked on nonstop for over 38 years, with strange features like staircases rising into ceilings, doors leading to nowhere, and non-working bathrooms meant to serve as decoys.

Now a museum, guests and employees have claimed witnessing multiple supernatural events. There's Clyde, the Wheelbarrow Ghost, who has been seen working on the fireplace in the Grand Ballroom or pushing a wheelbarrow around the grounds. The basement remains chilly no matter what time of year it is. And guests feel ghostly tugs on their clothing, hear footsteps, and see figures in windows and hallways.



2. Dragsholm Slot Castle (Denmark)

Built in the 13th century, Dragsholm Slot has served many functions over the years.

What began as a fort turned into a prison — only to be blown up and rebuilt into a more modern castle. Today it's been updated and opened as a hotel with a Michelin Star restaurant, even though it's known as one of the most haunted houses in Europe. There are reportedly hundreds of ghosts and poltergeists roaming the halls and grounds of Dragsholm, giving it the name The House of 100 Ghosts.

Some of the more famous ghosts are Ejler Brockenhuus, The Mad Squire, a former royal confidant often heard rambling incoherently; the Earl of Bothwell, the third husband to Mary Queen of Scots, who rides in a horse-drawn carriage through the courtyard; the White Lady who still cries after her father entombed her in a prison cell and left her to die; and The Linging Bishop, one of the many ecclesiastical prisoners who was tortured and died in his cell.

3. Poenari Castle (Romania)

While Bran Castle is marketed as home of the infamous Vlad the Impaler — the historical figure connected with Dracula — the ruler actually had several residences. Poenari Castle is by far the most imposing. It sits at the top of 1,400 steps, giving it an eagle's nest view over the Arges river and the valley beyond.

It is said Vlad's first wife threw herself off of the



At Leap Castle in Ireland, several ghosts are seen, including The Red Lady, two young girls, and a murdered priest.
(Photo: irelandbeforeyou.ie)

battlements rather than be captured by the invading Ottoman army.

Over the years, people have claimed to witness floating lights drifting through the ruins, inexplicably low temperatures in certain areas of the castle, and the smell of rotting flowers in rooms with nothing but stone. Others say they've been assaulted, even bitten, while staying the night on the grounds.

4. The Ancient Ram Inn (England)

The Ancient Ram Inn was originally built as housing for masons, workers, and enslaved people as they constructed a nearby church. It later became the home of the first recorded vicar in 1154 — before turning into an inn and pub.

Built on a Pagan burial ground with intersecting ley lines that trace directly to Stonehenge, old superstitions believe the land to be infused with dark energy.

Visitors claim they've heard a baby crying in the "Men's Kitchen," which is where the burial ground allegedly exists. Others report being pushed up a steep staircase by invisible hands. People have reported seeing multiple apparitions, including a cavalier striding across a room, two monks standing in a corner, and a phantom shepherd and his dog guarding a door.

Other encounters are far more violent, including one man being flung across a hall and multiple claims of suc-

cubus (a demon who has sexual intercourse with sleeping victims) visitations in the middle of the night.

5. Monte Cristo Homestead (Australia)

Known as the most haunted house in Australia, Monte Cristo Homestead has a long history of tragic events tied to the ghosts that continue to inhabit the property.

Christopher Crawley built the farm on an isolated hill in 1884. During their time on the farm, the Crawleys witnessed one maid commit suicide. Additionally, another maid chained their illegitimate son to a bed, a young stable boy was lit on fire to be taught a lesson, and their grandchild was dropped on the steps and killed.

People have reported seeing lights shining throughout the house when there was no electricity, observing a figure standing on the balcony, and hearing chains rattling and screams. Others claim they can feel hands resting on their shoulders or an ice-cold hand in their own when no one else was around. People say they've become intensely nauseated, overwhelmingly sad, and have witnessed mist rolling through the house.

6. Leap Castle (Ireland)

Leap Castle dates back to around 1250 and boasts being Ireland's most continued inhabited castle. It also has a bloody history. The name originally translates as Leap of



Château de Fougeret in France is home to all types of paranormal activity, including poltergeist activity, spirit children playing, and disembodied female cries. (Photo by Anthospace on [Wikimedia Commons](#))

the O'Bannon's, named so because of two feuding brothers who jumped off a rocky outcrop to determine who would rule the clan.

A priest was murdered in the chapel, and hundreds of skeletons were found in an oubliette hidden behind a wall.

Over the years, several ghosts have been seen. The Red Lady walks around carrying the dagger she used to kill her baby and then herself. Two little girls, Charlotte and Emily, run through the halls, with Charlotte calling Emily's name. The murdered priest lurks in the stairway near the chapel, and there have been multiple reports of a creature the size of a sheep that smells like a rotting corpse and has a human face with black holes for eyes.

7. Qiu Mansion (China)

The Qiu brothers started as migrant workers in the early 1900s, but they made their fortunes after World War I. They decided to build identical mansions side by side in the middle of Shanghai. Their homes were elaborate, and their surrounding gardens housed many exotic creatures.

But then they both mysteriously disappeared. Without an heir, their homes fell into disarray and the gardens became overgrown.

One of the mansions was razed, but in 2009 plans to dig up the foundation and move the other were complicated by strange events. Workers showed up at a local

hospital with unidentified bite wounds, even though no animals could be found. One worker reportedly became possessed and tried to kill his foreman with a hammer, claiming lizards made him do it.

A neighbor claims a dragon climbed outside the building. Though the mansion was successfully relocated, apparitions have been reported moving around the second floor late at night.

8. Fairmont Banff Springs Hotel (Alberta, Canada)

The hotel opened in the late 1800s and was one of Canada's first railway hotels. The original building was destroyed in 1926 and replaced in 1928. The hotel is operational to this day, though it supposedly hosts some permanent guests, including the Ghost Bride, who can be seen drifting through the ballroom with flames rising from her dress, and Sam the Bellman, who still accompanies guests to their rooms, as long as they don't talk to him or try to give him a tip.

Many rooms are reportedly haunted, with guests claiming that pillows are ripped from beneath their heads and hands shove them out of bed. One room in particular holds a gruesome history where an entire family was murdered. Guests who stay in that room have been woken by screaming, with bloody handprints on the mirror that can't be cleaned — but then disappear.

The room is now boarded up and inaccessible, the family is still seen lurking outside the hallway.

9. Château de Fougeret (France)

The Château de Fougeret is one of the most documented haunted houses in France. Built sometime between the 15th and 16th centuries, the Château was purchased in 2009 in need of major repairs. While renovating, the owners discovered multiple anomalies, leading them to invite paranormal investigators to the property.

As of today, dozens of ghosts, poltergeists, and other reportedly supernatural phenomena have been documented in various forms. Witnesses hear the scrape of iron across the floor of the old weapon's room, ghosts are tied to portraits found in the archives, books have been thrown across the room, and door handles turn on their own.

Also, the unexplained noises of children playing, voices whispering, and women crying are frequently experienced by visitors. A child was even reportedly slapped by a ghost nanny after misbehaving. ♦



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'FINDING THE CRYPTOTERRESTRIALS'

THE THEORY OF EVERYTHING OF PARANORMAL RESEARCH

By Ryan Musgrave-Evans

Imagine for a moment, a serial offender of crimes. This wicked individual — we'll call them a "he" — takes the greatest delight in bamboozling any who have the unfortunate task of investigating his spree. He does this by peppering his secretly villainous resume of acts with the most bewildering array of apparently unrelated methods and events.

Those investigators tasked with considering the particulars of each disturbing crime scene left in our villain's wake cannot honestly see how a single individual could be responsible for such a diverse set of offenses that bespeak varying motives and motivations — from the most negligible and seemingly petty, like dragging his keys down the side of an old rusty bomb of a car parked in a pub's lane, to the vicious killing of various individuals. Some of these murders appear to be carefully premeditated, and others the crime of sudden passion or callous opportunism.

And understand that he commits every imaginable crime in between these two poles of inanity and savagery. He even changes his clothes, manner of speech, and manner of gait as he goes about the world in impunity.

These crimes and misdemeanors occur at various times of the day to unrelated individuals and victims in a wide variety of places. And so ... well ... the investigators fail to consider all the "evidence" to actually be representative of a spree of one single perpetrator at all

... and they set off on a hunt instead in various directions for various imagined and unconnected criminals to be sought by various uncommunicative departments over a sprawling area of different detectives and officers

with disparate interests, methodologies, motivations, talents, and worldviews.

By keeping himself actively creative and reasonably random in his choice of crimes, our wicked little trickster smugly feels he is safe from ever being caught. The beauty of it is that he provides the authorities with NOTHING to work with by allowing them EVERYTHING to work with. He baffles them with BS. Indeed, without repeating any crimes, he is not allowing repeatable data to fall into the hands of the fuzz, and he is denying their usual procedure the efficacy that is normally expected of it.

A similarly bewildering array of phenomena presents itself to any investigators and researchers that dip their toes into the rich field of paranormal research. Here, I am using the term "paranormal research" in its broadest possible sense — as an umbrella term for ufology, MIB research, cryptozoology, ghost research, demonic and angelic research, fairy or little people research, and all the other areas or, could we say, disciplines of Forteanity that make general considerations and explorations into the long and broad field of high strangeness.





Encounters With Future Humans

I find myself in the interesting but politically confusing position of being a long-term experiencer of events that fit many if not all of the research areas listed above, while being a researcher myself... or at least a researcher as of now, after having been sped that way by some fairly recent and powerful contact events.

I am honored to have been visited by, spoken to, abducted by — well, “taken by” anyway — a group of beings claiming to be future humans that now live under our seas and within our mountains. I am at once an “experiencer” and a “researcher.” Perhaps I could call myself something of an “ethnographer” that exists in a humbling, exciting, and astounding reality. But, in truth, I don’t know what to call myself. I’ll leave that to others to decide.

For now, I’d just like to say that it would appear I have been granted the rare opportunity to see this perpetrator close up. If I may be indulged, I’ll continue with the metaphor above. I know the criminal well. We drink together on Saturdays; I’ve met his mother and his girlfriend. We talk about our pasts, our dreams, and our hopes for the future. And he has also confided in me that it is indeed *he* who is responsible for the multi-faceted crime spree gripping our region.

And after wrestling with this long and hard, I decided to go to the police who won’t believe me. It couldn’t just be one guy. Look at all the things going on. They are

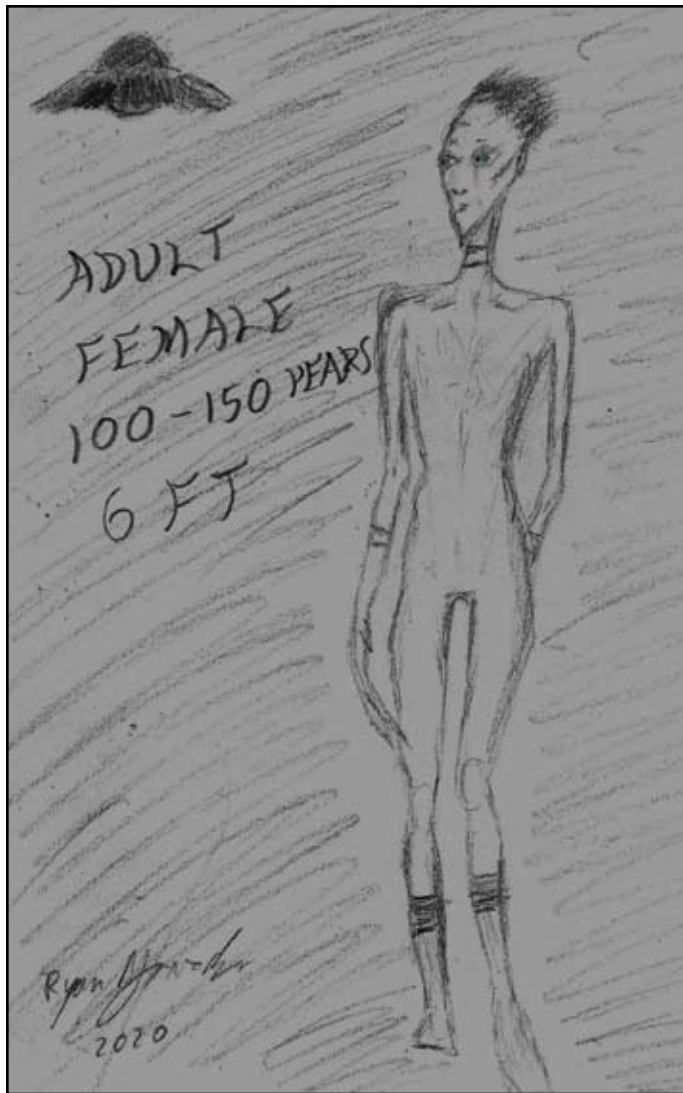
blind to it all. Indeed ... so would I be if he hadn’t confessed to me.

At first, I have to admit, I didn’t really believe him. But then he started telling me how he does it all ... how and why ... his methods, his “toys” and “tools,” and I could see he was undeniably telling me the truth. But informing authorities about my intimate relationship with the perp and how he’d confessed to me just brought ridicule.

So, I wrote it all up for the authorities ... in the form of an objective investigation, a detailed document that takes the reader by the hand and leads them to the answers — the truth about the perpetrator ... who is my friend. I made sure I wrote the document in a way that paints clearly and precisely the small but damning patterns left by this criminal — that are unmistakable once seen and once told but which exist under the shifting swell of disparate, superficial semblances. Now, no longer bedazzled by the presumption that the vast array of evidence was committed by an imaginary, correspondingly vast array of individuals, the police have indeed caught my friend. He is being charged.

The Cryptoterrestrials

My book, *Children of Orion — Finding the Cryptoterrestrials*, is just such an exploration into the single “perpetrator” of the vast and varied plethora of phenomena that



occur and are investigated across the length and breadth of paranormal research. My book sets out on an exploration across generations and centuries, always seeking to see the smaller patterns evident within accounts and events to build the case and reveal “the man behind the curtain,” as it were.

Drawing much inspiration from the legendary Jacques Vallee and also the late, great Mac Tonnies, I attempt to demonstrate the continuity of experience from ancient times to modern in the reports of contact events and in descriptions detailing the historical understandings about these beings. I argue and show — in the vein of Vallee and Tonnies before me — that the apparent “non-humans” called fairies and elves in the past, and the ufonauts, extraterrestrials, or aliens of today are representative of a single, largely homogenous race of societal beings existing on the edges of our world. In the footsteps of Tonnies, I have called them Cryptoterrestrials, or CTs. This word is as a good as any and better than most, because these “per-

petrators” are a flesh and blood, sister species to us that is largely hidden *here on this Earth*.

These beings, which I have come to know as Majeena, are responsible for many UFOs/UAPs, ET abductions, Tall White/Nordic alien reports, Tall Black aliens, Tall Greys, some Short Greys, Mantis aliens, some Reptilian alien reports, most genuine ghost activity, poltergeist phenomena, some cattle mutilations, the Fairy Faith, beliefs in angels and demons, many cryptid encounters, including Bigfoot, Dogmen, and Mothman, orbs and will-o’-the-wisp phenomena, some Missing 411 cases, Skinwalker reports, and really a slew of other anomalous phenomena. It would frankly be far easier to just list the few things they are not responsible for in Forteanity. Off the top of my head, I can’t think of many ... the Loch Ness Monster.

This is the Theory of Everything, or TOE, in regards to paranormal research. But, in a way, for me, that is probably a misnomer. It is less a theory and more a claim, perhaps. It depends on whether I first and foremost identify as a researcher or experienter. But, again, an ethnographer ... CT-ethnographer may be the best term.

Over the course of my book, *Children of Orion*, I develop what I call the CT-profile. It is a gradually built compendium of characteristics describing the CTs, in regards to their appearances, motivations, behaviors, habitation, languages, technologies, games or tricks, histories, beliefs, worldview, methodologies, fears, and wants.

Our race has been living cheek by jowl with the CTs for millennia. And my earlier consideration of them as being somehow analogous to serial criminals living amongst us is unfair. Indeed, there have been struggles and disharmonies between us ... but I have been discovering ever more with every passing year how much the CTs have aided us across the centuries. It truly is a symbiotic relationship we have together, for reasons I delve into in my book. Rather, my reasons for using the area of criminology earlier to elucidate is less to do with the motives or actions of the CTs themselves and more relating to the similarity between the thought processes and profiling skills that should be adopted by investigators in both areas if they wish to recognize patterns, successfully analyze data, and find the true culprits.

The Majeena

If I could express in a few words a general description of the Majeena, or CTs, for the reader ... they are a proud people. They are neither good nor evil. They share with us the vast majority of elements present in our own psychological makeup. They have an emotional range beyond our own thought. And their thought processes are considerably faster than ours.



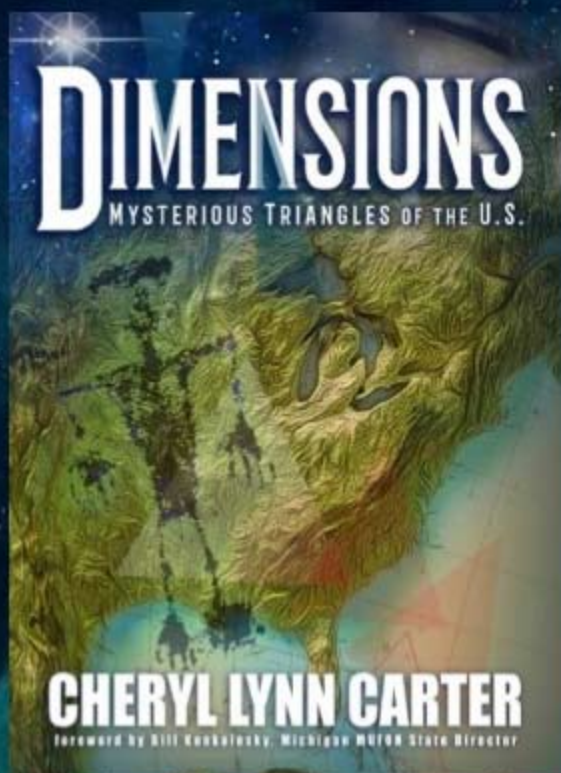
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Physically, they are weaker and frailer than us — though, paradoxically, they are much quicker of movement, which can give a jerky feel to their presence. The military grade, dark suits with glowing red eyes most often worn by them when away from their habitations are capable of flight, invisibility, super strength, force-field creation, intangibility — i.e., passing through solid objects and telepathic communication and manipulation of our minds, something that they call in English “mesmerization.” I do not know their own word for this.

Their language moves between guttural, non-syllabic sounds, thrown up from their stomachs like samurai speech, and barking, growling, chirping, whistling sounds — with louder whoops or hoots used to cover long distances.

The Sierra Sounds recorded by Ron Morehead and Al Berry in the 1970s are the best examples of Majeena speech yet recorded and available to the public. Contrary to popular opinion, these sounds are most definitely not Sasquatch.

Those familiar with the testimony of Charles James Hall and his *Millennial Hospitality* memoirs, will already be partially familiar with the Majeena CTs. Hall dubbed them Tall Whites, and this term has stuck in popular ufology. The chalk-white, barking, chirping, growling, tall, thin beings with huge blue eyes that floated in luminous suits around the Indian Springs desert and mountains in Hall’s account are the very beings responsible for most paranormal activity in the world ... of the past and now. If you haven’t considered these books yet, I cannot urge you enough to get your hands on what are

remarkable true descriptions of a genuine dip into the CT reality. The importance of those books really cannot be overstated.

I recommend and urge all with an interest in High Strangeness to themselves attempt to contact these beings ... while nevertheless being courteous, polite, and unarmed if approaching suspected areas of habitation. I say “unarmed” because the Majeena are known for reacting with matching hostility to any signs of aggression. Do not take weapons. As should be obvious, they react to hostility and aggressive demeanors just as we would ourselves. This is an important warning, and I cannot stress it enough.

It is my greatest wish that other investigators and experiencers will continue to add to the CT-profile that I have partially developed in my own book. As ever greater contact events occur between our two peoples, a familiarity with the histories and nature of the Majeena themselves will be indispensable also to those seeking to become something like CT-ethnographers or CT-anthropologists.

This will be the next stage in the dialogue of our peoples. If there is something like a contraction of most fields in paranormal research down into one new burgeoning discipline to direct all our attentions on the primary single cause for most analogous phenomena, then the future to me seems a bright one for our two races.

And remember, like serial criminals ... in the end they crave to be caught.

You can find the book “*Children of Orion: Finding the Cryptoterrestrials*” by Ryan Musgrave-Evans on [Amazon](#). ♦



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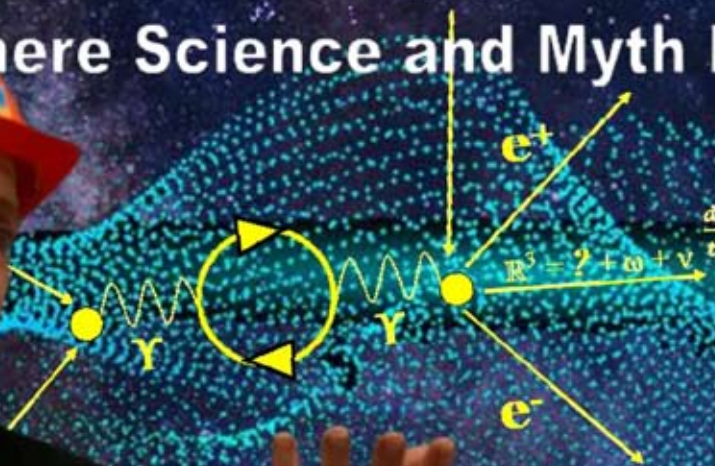
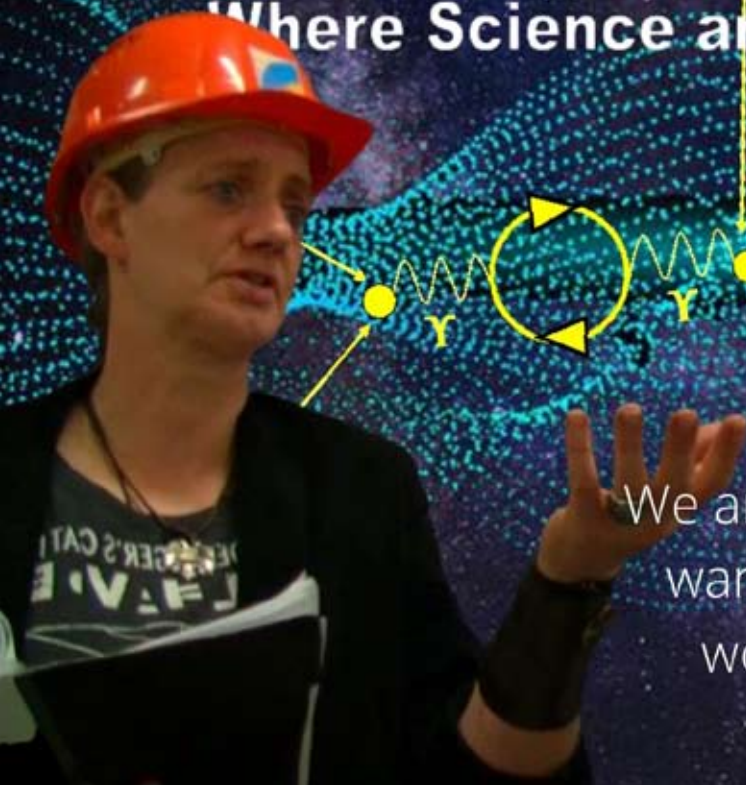
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EL GATO VOLADOR OF JOSHUA TREE NATIONAL PARK

Paul Dale Roberts, Halo Paranormal Investigations

I don't know what inspired El Chombo to write his 1998 song titled El Gato Volador about a "flying cat" or exactly what he knows about the mysterious creature. What I do know is that I received a call on the paranormal hotline on August 5, 2021, at 2 p.m. about a flying cat. The call came in from a Marine who only wanted to use his last name — Bakker.

Bakker proceeded to tell me his story. He and two other Marines were hiking at Joshua Tree National Park in California. They were enjoying the day and taking pictures. When they finally arrived at their destination point, they decided to turn back and head home.

An Encounter With a Flying Cat

As they walked back on the trail, heading to their vehicle, they heard what sounded like a mountain lion. But when they looked toward the sound, they did not see a mountain lion. Instead, on top of a rock, they spotted a large cat.

Bakker said the cat stared at him and his friends for a couple of seconds and then leaped into the air. What happened next shocked the group. The cat flew off into the horizon using large wings on its back. Everything happened so quickly, according to Bakker, that he did not manage to get a picture of the winged cat.

Bakker's friend, who is of Mexican descent, called the creature "El Gato Volador," which means in English "flying cat." Bakker does plan to go back to the trail to look for the flying cat.



**Reports of El Gato Volador are rare, but one eyewitness reported seeing the creature in a California National Park.
(Illustrated by William Carlisle)**

High Strangeness at Joshua Tree

Joshua Tree National Park is a very strange place. Hikers and rock climbers have turned up missing. Dead bodies are found throughout the park. UFOs have been seen in the skies over the Park.

American singer, songwriter Gram Parsons, who was a member of The Byrds and The Flying Burrito Brothers, claimed he spotted many UFOs at Joshua Tree National Park. After his death from an overdose at the age of 26, Parsons was cremated by two friends at the park — per his wishes.

Joshua Tree National Park is definitely a place for high strangeness. ♦



HALO PARANORMAL INVESTIGATIONS

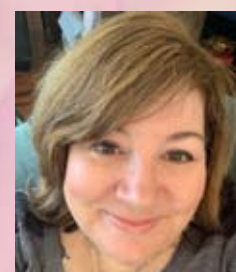
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AN ENCOUNTER WITH KRAMPUS?

By Paul Dale Roberts, Halo Paranormal Investigations

Our paranormal team gets a lot of calls on our Paranormal Hotline. But one of the strangest calls we've ever gotten was in November 2015. A family who resided in Massachusetts was on the other line. They told me they thought they were being haunted by Krampus and his little gnome friend, named Limey. The family, who is of German descent, said the incident happened years ago.

The family included two boys and one girl. The girl, who was in her teens at the time, played around with a Ouija board with her two girlfriends. The board began answering their questions, and when they asked the entity what his or her name was, it spelled out Krampus.

The family also revealed that their daughter was misbehaving and using LSD, and the entity said he would punish her for her misdeeds. The entity told the daughter that she would first be visited by a gnome named Limey. Perhaps under the influence of LSD, the daughter started seeing a misshapen gnome creature running about the house. Limey had scrawny legs, feet with pointed slippers, a slight hunchback, and facial skin blisters. He was hideous to look at.

There was a time when the daughter opened the closet and Limey jumped out and scurried off. The mother of this family saw Limey only once while watching TV. With her peripheral vision, she saw a small, shadowy creature dart off and run underneath the kitchen table.

On another occasion, the daughter, while lying in bed, heard thumping sounds coming from underneath her bed. When she rolled over and looked underneath the bed, the little gnome creature poked her in the eye with a sharp object. The daughter's eye was bleeding profusely. The mother was about to rush her daughter to the hospital, when all of a sudden the bleeding stopped and the eye was normal as if nothing had happened. This was the last time they saw Limey.

What about Krampus? The two sons, who slept in bunk beds, heard a knocking on their closet door. The



boys kept watching the closet door as it got louder and louder. Their father heard the noise and went to investigate. When he opened up the closet door, they all saw two large red eyes come flying out of the closet, going right through him, at which time he felt a chilling, cold breeze go right through him.

The next incident occurred on Christmas Eve, when the daughter said she confronted a large entity with horns and red eyes. The entity held the daughter down on her bed and slapped her repeatedly as she screamed and screamed. After the experience, the daughter was hospitalized due to the trauma the event caused.

The family was very stressed out from the paranormal experiences in their home and decided to go on vacation to Florida for a week. When they returned, they discovered that their house had burned to the ground. There was no explanation for the fire.

The paranormal activity experienced by this family eventually ceased, and they now live in a new home in another state.

Is Krampus real? This family certainly thinks it might be. ♦

Rick Hale

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THE CROXDALE COMMUNITY CENTRE INVESTIGATION

BY ELAINE KELLY, SPECTRE DETECTORS

We have investigated Croxdale Community Centre in the U.K. quite a few times, and we always get amazing results.

The building started off as a school that was built for the mining community. Many mining families struggled to make ends meet, but those who were able to scrape by would send their children to school. Unfortunately, many of the kids arrived at school in hessian sacks instead of clothes and no shoes on their feet. Some didn't even have sacks to wear and had to stay home.

Lack of desks was an issue, and sometimes two children had to share a chair with no desk to rest their slate on. Unfortunately, many children reportedly died in the building, as disease was widespread, including scarlet fever, measles, ring-worm, flu, whooping cough, and small pox.

We know that there is a nasty entity in the building, brought through by another group who used a Ouija board there. There is also a spirit of a cook who wasn't very nice to the children. We have encountered both of these spirits on previous investigations.

Several years ago, we decided to have our Halloween special at the center, and we had some new people joining us along with some regular mediums. I told the group what to expect and how things work. Present at the investigation in addition to myself were Shayna, Hannah, Lorraine, Bev, Kaye, and Susan.

The Investigation Begins

We started our investigation in the main hall, where Shayna immediately felt a pain down her left side. She also got the name Johnny. Lorraine picked up the name Jimmy. I called out and asked them if they were



The Croxdale Community Centre in the U.K. has a history of tragedy. Spirits remain at the site, including ghostly presences of children and several nasty entities.

with us. Hannah was aware of a little boy who had bad legs and walked badly.

We began a portal session, which yielded interesting results, including what were direct responses to our questions. During the session, Kaye kept seeing someone at the bottom of the hall in the corner near to the door, and Hannah, Shayna, and Bev could feel energy behind them as the temperature dropped. Shayna also experienced a stabbing pain in her back.

Kaye said that there was something near the bottom door, so I went to check it out. Whatever it was, I began to feel sick to the point that I could vomit.

We ended the portal session at this time.

At this point I noticed that equipment we had

placed in another room had been moved from inside a metal case at the other end of the room to the floor just inside the door.

Hannah picked the equipment up and placed in on the bookshelf near the door to see if it would be moved again.

Bev told the group about a nasty entity that was crouched down in the corner. And Kaye asked if we could get into the locked door at the bottom of the hall, but unfortunately we weren't able to. This is where she felt the nasty energy would hide.

Kaye's hand began feeling numb; she equated it to when you burn yourself.

A few of us were feeling sick in the main hall, so much so that we were all eating mints!

Table Tipping

Next, we had a go at table tipping. Hannah talked everyone through how to do it, including making sure everyone kept their feet flat on the floor and the proper way to place everyone's hands on the table. I played some bird sounds, as this is said to lift the energy in the room.

I opened the kitchen door slightly, as there was also a spirit that liked to stay inside the kitchen.

Shayna, Lorraine, Kaye, and Susan started to feel the table moving. And Lorraine felt something tickle her right finger. She also said she could feel a pulse coming from the table. Susan also felt the table pulsate

The table began to move, so much so that everyone stood up. The table eventually tipped over completely.

and felt as if someone was trying to move her hand. Both Lorraine and Susan felt that their hands were wanting to move clockwise toward the next person.

The table began to move, so much so that everyone stood up. The table eventually tipped, and before long it was tipped over totally.

Lorraine felt that the spirit moving the table was a biker named Andrew. This sounded correct, as Andrew is my spirit guide and helps us very often. Kaye felt that a little boy named Andrew was there.

This was the first time that Lorraine had experienced a table moving, and she was very excited.



During an investigation at the Community Center, several spirit photos were snapped, including the one above.

Two mediums who were joining us had taken a table into another room to have a go in peace and quiet. They were aware of a little boy who was dying. He was skin and bone. Lorraine was also aware of a little girl, Mary, who was in the same condition.

As previously mentioned, it was reported that a lot of children died within the school because they were sent to school on their deathbed.

Kaye told us about the spirit of Andrew that she was aware of. He just wanted to play, and he was linked to the building. Had my Andrew brought through a child with the same name?

The Old Headmaster's Office

Next, we moved into the old headmaster's office near the kitchen. First, we tried another portal session, again with direct responses to our questions.

At this point, as I was stood facing the windows near to the yard, I was aware of faces looking at us. A few of us saw the same thing. It was like they were out in the yard looking in at us. Hannah saw a white mist as well, near to the back wall.

Hannah noticed that my face was marked and quite red, as if someone had slapped me. It seemed to have



We've captured a plethora of paranormal activity at the Croxdale Community Centre during our many investigations there.

happened as Hannah watched it develop. One of the other investigators present, named Lisa, also had a red mark down her face.

As we ended the session, Shayna felt a hot sensation on her back as if she had been clawed. Hannah had a look, but there weren't any marks.

Next, we all decided to venture outside. We explained to Kaye about the shape that's in the corner of the hall. We told her that it was demonic and that it had been brought through using a Ouija board. Kaye said she was aware of a man called Ken, and he was hanging his head in shame. It seemed that he had done something that he wasn't proud of, but he had to do it as it was his job.

Hannah explained that these dark energies can form into something else to trick us. They can also get people to acknowledge them so that they can attach themselves to a person.

We went back inside as it was freezing outside and made our way back into the main hall.

The Main Hall

First, we decided to do a traditional séance. We did this in the correct way, holding hands and offering food. Almost immediately we felt cold going around the table.

Kaye was still aware of Ken at the other end of the room. My legs were freezing, and others were feeling the cold coming from underneath the table.

I kept expecting a little face to pop up from under-

neath the table, because I felt as if there were children hiding underneath it.

Kaye asked if the cook was coming out of the kitchen, and Hannah said that she was already out. Kaye called her Beastly Bertha, who scalded children on purposes as a form of punishment, according to some of our mediums present. Hannah felt someone breathing down her neck, and we all felt the temperature drop.

At this point, it felt like someone was holding onto my leg. And we heard a bang in the kitchen, and the table began vibrating at one end.

We closed the séance, and Lorraine, Susan, Kaye, and I decided to try table tipping again. I turned on the portal whilst they sat at the table.

Kaye started to cry for no reason, which shocked us all. And while the table didn't move this time, those sitting at the table did feel it vibrate.

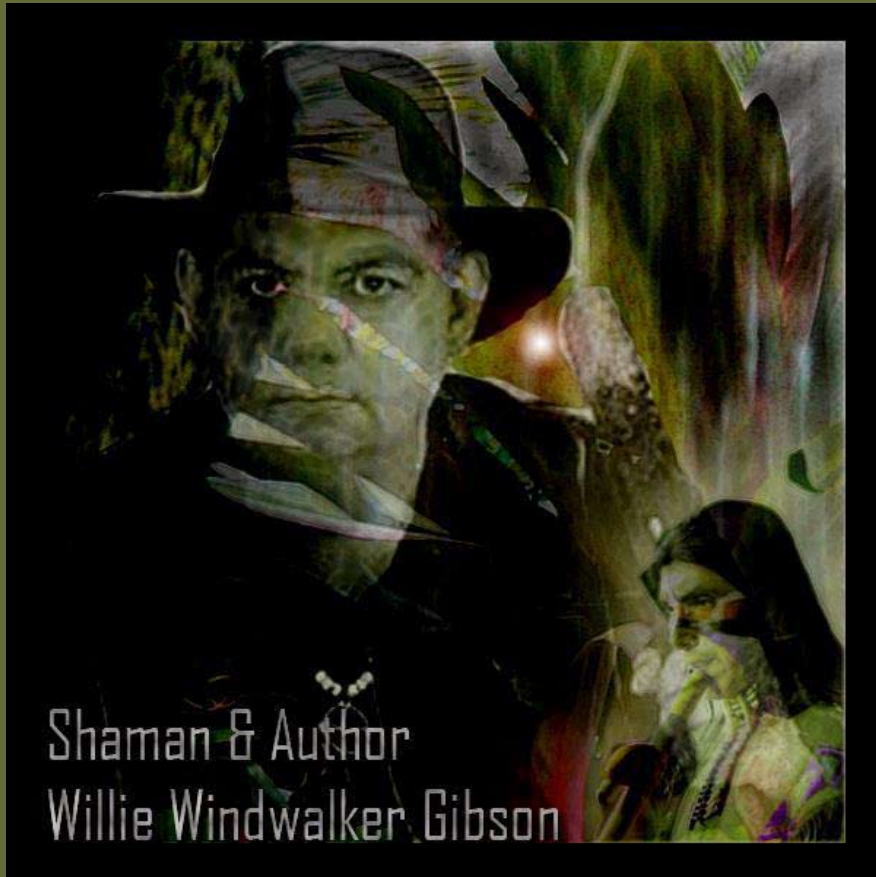
Kaye told the spirit named Ken, "Well done," and the portal mimicked her saying, "Well done, Ken."

Next, I get out the spirit dice. We call this Spirit Boggle! They are dice with letters on them, and Spirit can use the dice to spell out their name, etc.

We had great communication with the dice. Spirit gave the name Nora and that she had worn feet. It also spelled out Bob, Dot, John, and Red.

It was getting late, and the energy was starting to drop, so we decided to call it a night. Once again, this fabulous building showed us amazing evidence. ♦

I kept expecting a little face to pop up from underneath the table.



Shaman & Author
Willie Windwalker Gibson

WILLIE WINDWALKER GIBSON

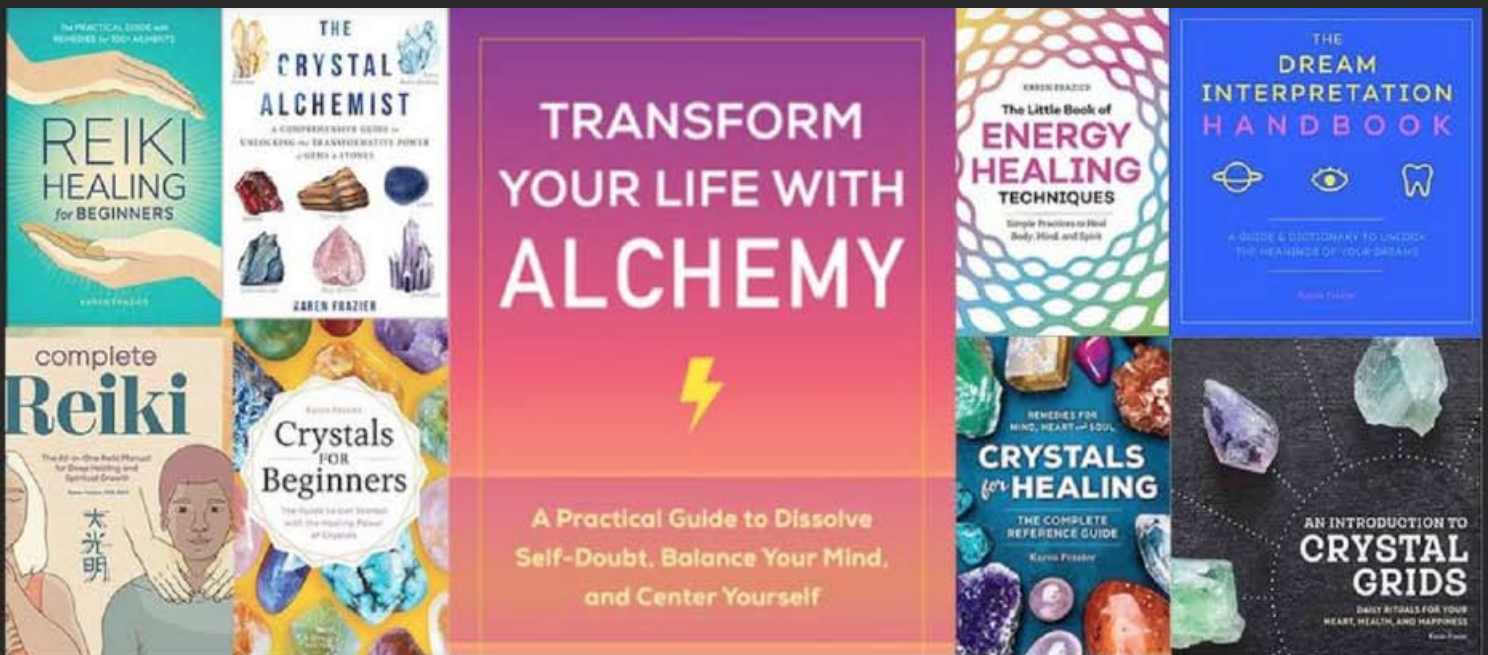
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DO GHOSTS KNOW THEY ARE DEAD?



By Karen Frazier, AuthorKarenFrazier.com

Do ghosts know if they're dead? It's a good question. It's also one that's the subject of much debate in the paranormal field. I've formed my own opinion based on my years of experience communicating with ghosts, the metaphysical, and spiritual understanding I have of the Universe based on my education and studies, as well as activities in which I've engaged, such as spirit communication and life-between-lives hypnotherapy.

I don't believe it is a question of whether ghosts know they are dead. I would imagine some do and some may be confused. In some cases, what we experience as "ghosts" are people who have already crossed over coming back to visit from the other side. These spirits definitely know they're dead, and they're just checking in on people or places they've loved.

Other energies we experience as ghosts may not be dead at all. One theory suggests they could be spirits of

people sleeping and traveling astrally in dreams. Others may be living people consciously engaged in astral travel. Other spirits we encounter might just be a recording of a life event — nothing more than a memory that plays itself over and over similar to a song on a DVD.

But what of those spirits who, for lack of a better definition, seem like they could be trapped here in this plane as ghosts, unable to cross over to the other side?

This is what I believe: These spirits aren't trapped. They can cross over whenever they wish because the doorway is always there, open to them. Instead, the issue many of these types of spirits have is that they continue to remain ego-identified with who they were in their last lifetime. It's not a matter of whether they know they are dead. It's that they don't remember who they truly are as a soul. Somehow, their identity has remained entangled with their past living self, and they've temporarily forgotten that who they really are is a piece of the Divine.

I believe when we come into each lifetime, we agree to forget who we are as souls. It's like going to a movie, agreeing to suspend disbelief, and immersing oneself into the world of the film for a few hours. In the case of souls, we do this for a lifetime. Some people may remember who they really are and identify with their soul state during their lives.

Others remain engaged in the illusion of life until the point of their death, when suddenly they let go of their ego identities and merge with their Divine (soul) selves. Others struggle with letting go of the ego-identity a little more and may remain as "earthbound" spirits until such a time as something (or someone) helps them to recall their own Divinity.

Does that mean they don't know they're dead? It's hard to say. What it does mean is that, for the moment, they don't recall their own Divinity. Eventually they will, because we all do. For now, they don't.

There are many reasons a spirit may remain ego-iden-

tified after death, such as wanting to protect possessions, attachment to a place, trying to find lost loved ones, asking to have a story told, or fear that acts in life may lead to

Hell in the hereafter. There are as many reasons for remaining ego-identified as there are souls in that state.

My goal is always to help them find a way to remember their Divinity so they can make the choice to go through the doorway and re-merge with the Source of all that is. Sometimes this takes a quick conversation. Sometimes it takes hours, days, weeks, months, or even years, depending on the spirit and the situation.

I never demand they go or tell them they have to cross over, because I believe it isn't my place to tell any other soul — living or dead — what he or she should do along the path.

Instead, I communicate with them just as I would a living person in an attempt to help them resolve their issues so they can move on to the next stage of their evolution. ♦



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6 INTENTIONS TO SET FOR 2022

By Dr. Athena Perrakis, Sage Goddess



Where has the time gone? Just like that, we've reached the end of 2021 — and now is our chance to turn a new page and set our sights on the future. In this article, I'll share with you six intentions to set for 2022 based on the numerology of the coming year.

As we visualize what we wish to manifest over the next 12 months, it's important to also reflect on the past — to gather the last year's wisdom and use it to inform the path we wish to embark upon. For many, 2021 was a year of liberation. For those of us fortunate enough to live in places where vaccines are widely accessible, we saw the outside world open up again and reveal an entirely new realm of possibilities — a feeling we hadn't experienced in a long time.

In numerology, 2021 is a 5 year ($2 + 0 + 2 + 1 = 5$). 5 is the number of freedom, emancipation, and progress. Though necessary, this liberation isn't always comfortable; it often asks us to release things we've been holding onto that bring us a sense of safety but ultimately don't serve our highest good.

Take some time to think: What did you gain in 2021 — and, more importantly, what did you lose? And what possible realities did those "losses" create space for? As

we enter 2022, we move into a 6 year ($2 + 0 + 2 + 2 = 6$) and can utilize the freedom we found in 2021 to build something more stable. While 5 breaks the chains that hold us back and propels us into new adventures, 6 asks us to get more comfortable and find steady ground. Six is the number of home, family, and community and brings the energies of harmony, love, and compassion. It's associated with The Lovers card from the tarot, the card of meaningful and conscious soul connections — the union of the self with another.

During a 6 year, our goals ascend beyond the personal and into the heart of the collective. It's here that we learn to exist in harmony with others and recognize that what's good for the world around us is ultimately good for us too. To best harness this energy, here's what to focus on in 2022.

1. Deepen Your Connections — With Yourself, Others, and Nature

Every day, we wake up and interact with the world — but are you truly connecting with it? Too often, we live our lives on auto-pilot, going through the motions while staying trapped within our own thoughts and feelings. In 2022, set the intention to look beyond your subjective experience and be more conscious of the energies around you.

Connect more deeply with yourself through journaling, meditation, and your spiritual practice. Deepen your bond with others by practicing better listening skills, extending compassion, and seeking more honesty and closeness in every interaction. Spend time with Mother Nature, and observe how her well-being is deeply intertwined with yours.

This year, make it a goal to find more meaning in each and every one of your relationships.

2. Seek the Beauty in Everything

The number 6 is associated with Venus — the planet of love, pleasure, art, and beauty. In 2022, open your eyes to the moments of beauty interlaced throughout daily life, like the sunlight streaming through your window in the morning, the flowers that line the street of your daily commute, or the sound of birds echoing from the trees.

No matter where you are, there's beauty to be found, and it's up to you to see it. Set the intention to find beauty in even the most unlikely of places. You'll be surprised at how quickly your perspective will shift!

3. Slow Down

We've been conditioned to live our lives in "go" mode, and this conditioning tends to get even stronger during the holiday season. In 2022, make an effort to slow down and live more mindfully. Trust me — whatever you're stressing about can wait. Regardless of what you need to tend to, what matters most is your physical and mental well-being.

Set the intention to regularly pause, breathe, and get grounded. During especially stressful moments, get in tune with your senses: What do you see? What can you hear, feel, or smell? Reconnect with the world around you, and your relationships and health — physical, mental, emotional, and spiritual — will benefit.

4. Protect Your Energy

While our relationships take center stage during a 6 year, it's important to remember to set boundaries. Part of building harmonious connections is knowing when to

step back and tend to your own needs. If you're an energy worker or healer, it's easy to fall into the cycle of focusing on everyone around you while neglecting yourself.

In 2022, make it a priority to regularly check in on yourself the way you would with a friend. When you're feeling out of balance, ask yourself what you need — it

could be rest, a home-cooked meal, time with a pet or loved ones, or anything else that nourishes your body and soul. Fill your own cup first, and you'll have more than enough to share with others.

5. Nurture Your Home Life

The number 6 is associated with home and family, and Life Path 6 is the most domestic of all life paths. In the coming year, take some time to nurture your home life and make your abode a place where you can feel happy, well-rested, and at peace.

Your sacred space should be exactly that — sacred! Uplift the energy of your home with flowers, candles, artwork, or anything else that brings you joy. Tending to your home life is like watering your roots — nourishing your foundation will allow you to grow and bloom.

6. Find Joy in the Journey

When it comes to New Year's resolutions, it's easy to get fixated on your goals and forget that real beauty is found in the process. In 2022, make an effort to see the significance in every phase of your journey. No matter where you are on your path, you are deserving of unconditional love and acceptance, and you aren't defined by what you've achieved.

Life isn't a race or competition — it's an experience! And there's meaning to be found every step of the way.

In Closing

May the coming year bring you more wisdom, healing, abundance, and light. May you look to the future with a sense of optimism and hope, and may you work with the energy of this year to connect more deeply with the vibration of universal love — within and around you. ♦



THE CHRISTMAS ORNAMENT

By Willie Windwalker Gibson

The holidays have always meant a lot to me. I guess it was because my dad always loved the holidays too. He always told us on Christmas to honor the birth of Jesus and to love one another.

I have always taken my father's words and lived by them. Material things meant little to Dad, and to this day, material things mean nothing to me also. My dad was happy just being with family and having holidays meals. He loved to just sit with the family and eat and laugh and tell stories

There was one story I remember dad telling us. It was about one Christmas when he was a boy back in the hills of Kentucky. He was about 10 years old, and he and his brothers and sisters were at the general store with my grandpa. They were looking around at all the Christmas things. My dad saw a train set he loved and was looking at, and my aunts were looking at the dolls. My dad said my grandpa would just watch them hover over things in the store, but my dad knew my grandpa couldn't afford the things in the store.

Eventually, my dad said grandpa gathered them up and walked back to the cabin they lived in. My dad said they did not know what Santa would bring them, but it would be something. Usually on Christmas morning, Santa would surprise them with something they needed, such as shoes, clothes, as well as candy and

fruit — plus one special toy that all the kids could enjoy, such as a wagon.

One more thing they always received at Christmas was a special ornament to put on the Christmas tree. The ornament would be different every year and with everyone's name on it.



This tradition followed our family for years. I always have an Ornament with my dad's and mom's name on it with my wife's and mine. It hangs on the tree in a place where you can see it.

One Christmas we were putting the tree up and we couldn't find the ornament with our names. We looked and looked and couldn't find it. It was not in our house. We couldn't figure out what had happened to it. So I sat down and I said, "Grandpa, if you can hear me, can you guide me to where the ornament is."

I sat down and was quiet. I closed my eyes, and I started to see colors. Then I could see the ornament. I saw it on a Christmas tree. I went and opened a box that had our tree in it. I pulled the tree out, and there was the ornament stuck between a branch. We must have missed it when we took the tree down the Christmas before. I was relieved to find and placed it where we could see it on the tree.

Tradition means a lot to me, as it did my grandpa and father. I am so happy to keep the tradition of the family Christmas ornament alive. ♦



Chuck Gotski
The Innervoicehealer
Healing the True Connection from Within

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I can't wait to connect!

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